

MEDWAY

Community Education

REGISTER NOW!

Classes start in June

Summer

2009

www.medwayschools.org

508-533-3222 x2200

email: communityed@medway.k12.ma.us

SUMMER 2009 BROCHURE
Serving Residents of All Communities

The Medway Community Education Department is a totally self-sustaining program which is designed to serve the varied needs of all area residents. The classes provide the opportunity for educational and creative development incorporating academic, vocational, career, and enrichment courses for all age levels.

All registrations may be mailed immediately to Community Education or hand-delivered to the Middle School Office Mondays-Fridays 7:30 a.m. to 3:00 p.m. before the last day of school, June 22, 2009. Late registrations will be accepted if space allows. Classes fill up quickly, so register early! Participants in the Adult Programs must be at least 18 years of age.

SEND TO: Community Education Department, 45 Holliston Street, Medway, MA 02053.

Make checks payable to **MEDWAY COMMUNITY EDUCATION**. You may submit one check per registration form. Forms may be duplicated. For further information or questions, please call the Community Education Office at (508) 533-3222 x2200.

SEMESTER PERIOD:

Please carefully check the schedule for each class. Space in most classes is limited so we may provide safe and high quality programs for all. Applications will be accepted on a first-come, first-served basis. **Out-of-towners are welcome at no additional fee.** Fee payment must accompany the registration form(s). There will be no refunds unless a class must be cancelled by the Department.

We do not send confirmations. You are automatically enrolled upon registration unless notified.

SENIOR CITIZEN DISCOUNT:

We invite all persons 65 years of age and older to participate and receive a 15% discount on all fees. (Material fees and special trips cannot be discounted.)

SCHOLARSHIPS:

The Department will make every possible effort to assist students who would be unable to take classes because of financial hardships. Please contact the Director – all communications are confidential.

Community Education Administrator - Margery Monahan

Community Education Assistant - Karen Niemczyk

Superintendent of Schools - Judith A. Evans, Ed.D

Office Location - Middle School, 45 Holliston Street

Medway, MA 02053, 508-533-3222 x2200

School Committee: Carole Bernstein

Diane Borgatti

Jeff DeVolder

Debora Trindade

Shelley Wieler

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CLASSROOM LOCATIONS

- **Middle School**
45 Holliston Street
* Classroom numbers ending in "A" are in concrete building on right.
* Classroom numbers ending in "B" are in brick building on left (old high school wing).
- **High School**
88 Summer Street (Rt. 126)
- **Burke/Memorial Elementary Schools**
16/20 Cassidy Lane
- **McGovern School**
Lovering Street
- **Medway Public Library**
26 High Street

**GIFT CERTIFICATES ARE AVAILABLE AT THE
COMMUNITY EDUCATION OFFICE - GIVE A GIFT OF CREATIVE ENRICHMENT**

YOUTH PROGRAMS

SUMMER ADVENTURES

Ages: Entering Grades K-6

Instructors-Rebecca Feldman (Sessions I, II, III)

Linda Minnick (Sessions IV, V, VI), TBD(Session VII)

Join us as we celebrate summer with fun-filled days and wonderful friends! Our sessions will be filled with exciting indoor and outdoor games and activities, creative arts and crafts, refreshing water activities, plus much more! We will introduce a different theme and new activities each session. Each week will include special guests and events. Please remember to bring a bagged lunch, drink, and water bottle each morning. *Our head instructors are enthusiastic, creative, and highly-qualified school teachers with Master's Degrees.*

Summer Course # : D01-09

Fee: \$150/session

Day: Mondays-Fridays – 5 days/session

Location: Memorial School

Time: 9:00am-4:00pm

Dates: Session I: July 6-10

Session II: July 13-17

Session III: July 20-24

Session IV: July 27-31

Session V: August 3-7

Session VI: August 10-14

Session VII: August 17-21

For children ages 5-7 there is the option of attending our program from 9:00am-1:00pm if preferred. The cost for this weekly program is \$100.



GOING ON A BIRD HUNT

Ages: Entering Grades K & up

Instructor - Owner of Wild Birds Unlimited

Join us as we become explorers, spotting and identifying local birds. Learn all about where they live and how they find their food in the wild. You will also make your own bird habitat to take home. You will build a great birdfeeder for any bird so you will be able to welcome and observe them in your own backyard. Wear sneakers and socks so you will be comfortable walking and exploring the trails of Medway.

Summer Course #: D02-09

Fee: \$25

Day: Thursday - 1 session

Dates: July 23 or August 13

Time: 9:30am-11:30am **Location:** Memorial School Main Entrance

THE CAPRON PARK ZOOMOBILE

COMES TO MEDWAY

Ages: K & up

Instructor - Corey Shumacher; Capron Park Zoo

Educational Specialist

The Capron Park Zoomobile is coming to Medway to bring the Zoo to you with two exciting, popular programs. Sign up for one or both of these great "encounters." With the use of live animals and hands-on activities, the children will explore the differences and similarities of different types of animals.

Summer Course #: D03-09

Fee: \$8 per person attending

Day: Thursday - 1 Session

Date: July 16 - Wild Encounters

July 30 - Radical Reptiles

Time: 10:30-11:30am **Location:** Memorial School Main Entrance

Please register on time. Your promptness will guarantee that the program will run and the instructors will have all the necessary materials for their students.

**The Community Education Department
is looking for talented,
experienced instructors for future programs.
Please call the Director, Margie Monahan,
at 508-533-3222 X2200 if you are interested.**

FREE FRISBEE SHOW and PLAYSHOP

Ages: Entering Grades K & up

Instructor - Todd Brodeur; World Freestyle Champion

Watch in amazement as the World Champion in Freestyle Frisbee demonstrates simple tricks, moves and combinations that helped win him the title in Germany two summers ago. This unique program is highly entertaining and educational, as Todd talks about the history and science behind the Frisbee. His collection of Frisbees, and the stories behind them, will surprise all. Join in on the fun as Todd teaches tricks and games that everyone will have a chance to try. Create memories of the day your child met "Mr. Frisbee – World Freestyle Champion".

Summer Course # : D04-09

Fee: Free

Day: Thursday – 1 session or
Friday – 1 session

Dates: July 9 or
August 7

Time: 10:00am-11:00am

Location: Middle School
Football Field

RED CROSS BABYSITTING COURSE

Ages: 11-14

Instructor - Margie Monahan

This course will teach you the responsibilities and qualities of being a good babysitter and what to expect from the person who hires you. You will learn to:

- Interview for a babysitting job
- Make good, responsible decisions
- Supervise children
- Adjust your actions based on the age of the children
- Choose safe and age-appropriate toys and games
- Handle an emergency or illness
- Perform first aid, including responding effectively to life-threatening emergencies
- Perform, basic care routines like diapering, feeding, and dressing infants and children
- Feed infants and prepare simple meals and snacks
- Handle bedtime issues effectively
- Market yourself safely

This will be done with fun activities, exciting videos, lively discussions and real-life problem-solving situations. We will provide you with a first aid supply pack, and a fill-in-the-blanks notepad for emergency and safety information rules. Students will receive a Red Cross Certification Card at the completion of the course. **Students should bring a snack and drink to class each week.**

Summer Course # : D05-09

Fee: \$75

Day: Monday-Thursday – 4 sessions

Dates: July 27-30

Time: 9:30pm-12:00pm **Location:** Memorial School Main Entrance

YOUTH - THEATRE & DANCE

CAMP ROCK – The Musical

Ages: 7-13

Instructor-Leslie VanDyk – South Shore School of Performing Arts

Have you always wanted to perform on stage? This workshop is open to all boys and girls ages 7-13. All students are accepted in this production. Students may lip-sync or sing to the songs in the production. Our goal is to educate the children, as well as the adults, about what goes into the production of a musical. No costumes are needed – parents may help make a costume, but one is not required. Participants need not have dance or theatrical experience. Children should bring a lunch, drink, snacks, and a **water bottle** each day. **A FREE performance for families and friends will be held on Friday, July 24th (session one) or Friday, August 14th (session two) at 2:00pm.** Since this program fills-up quickly, we are offering two sessions this summer!

Summer Course # : D06-09

Fee: \$150

Days: Monday-Friday – 5 sessions

Dates: July 20-24 or August 10-14

Time: 9:00am-3:00pm

Location: Memorial School
Cafeteria

CHILDREN'S IMPROV THEATRE



Ages: 6-9

Instructor-Spencer Christie

Non-stop laughter and tons of fun is what you will find in this acting course. Join us and experience children's theatre through improvisation games and activities, while at the same time meeting new friends, sharing ideas, exploring communications, role playing, and working as a team. All performers welcome! *For the past ten years, Spencer Christie has acted, directed and taught throughout the Boston area for such companies as The Berkshire Theatre Festival and*

Boston Theatre Works. He is currently completing his M.Ed from Boston College in Secondary English.

Summer Course #: D300-09

Fee: \$50

Day: Monday-Friday – 5 sessions

Dates: July 13-17 or Aug. 3-7

Time: 9:00am-10:30am

Location: High School Auditorium

THE ACTING ASYLUM



Ages: 9-13

Instructor-Spencer Christie

This course will provide an opportunity to learn all aspects of theatre. From acting out monologues and scenes, directing to stage combat, we will focus on how theatre is made, while providing a social and skill-building outlet. Laugh, cry, scream, and dream with us! *For the past ten years, Spencer Christie has acted, directed and taught throughout the Boston area for such companies as The Berkshire Theatre Festival and Boston Theatre Works. He is currently completing his M.Ed from Boston College in Secondary English.*

Summer Course#: D301-09

Fee: \$50

Day: Monday-Friday – 5 sessions

Dates: July 13-17 or Aug. 3-7

Time: 10:30am-12:00pm

Location: High School Auditorium



We do not send confirmation. You are automatically enrolled upon registration unless notified.

YOUTH - SCIENCE

CLUB INVENTION

Ages: Entering Grades 1-6

Director - Susan Lynch

Do you love experiments and surprises? Join us for a week of summer fun as we ignite a passion for learning through exciting hands-on activities. Learn that there is no right or wrong answer in the world of science! This year's module is the new Discover program featuring *Viking Treasure Trek: The Quest Begins*, where students navigate the oceans and investigate clues to locate long-lost Viking treasures; *Comic Book Science: FlyJack and Jill*, where students discover the science behind super powers and create their own comic book; and *Land Sled X-Treme*, where all students are part of a winning team that engineers the ultimate land sled in an extreme obstacle course. Also, back by popular demand, are the ever-popular *I Can Invent* and *Recess Remix!* Please bring a lunch and water bottle each day. Daily snacks and a Club Invention T-shirt are provided to all participants. The base price includes a \$50 nonrefundable fee. All registrations received after June 24, 2009 require an additional \$20 fee for late processing.

TO REGISTER –contact Club Invention directly at 800-968-4332 or www.clubinventionNE.org.

Summer Course # : D07-09

Fee: \$230

Days: Monday-Friday – 5 sessions

Dates: July 6-10

Time: 8:00am-2:30pm

Location: Memorial School Cafeteria



BUILD YOUR OWN ROCKET!!

Ages: 8 & up

Instructor-Edwin Harrow; The Whitehall Learning Group

This exciting new course gives participants the opportunity to build and launch their own solid-fuel rocket, theirs to take home after the completion of the program. All participants will conduct experiments

demonstrating Bernoulli's principle and have the opportunity to launch a variety of rockets, in addition to their own. They will also gain knowledge in reading directions and diagrams, the use of simple hand tools, electronic components and circuits, safety as a priority, and much, much more! Join this stimulating class and discover that learning can be FUN! *Edwin Harrow has spent over 20 years in high technology and has worked extensively with schools and community programs in eastern Massachusetts.*

Summer Course # : D08-09

Fee: \$165

Days: Monday-Friday – 5 sessions

Dates: July 6-10

Time: 9:30am-11:00am

Location: Memorial School Main Entrance



RHINO BEETLE ROBOT

Ages: 10 & up

Instructor-Edwin Harrow; The Whitehall Learning Group

Join the fun this summer and build your own robotic Rhino Beetle! This robot features an 8-channel remote control, caterpillar treads, and much more! Upon completion, we will practice "rescue" and "bomb disposal" missions, which are typical real-world applications for remote-control robots. All participants will develop a basic understanding of electronic components and circuits, explore use of infrared beams, and learn how much fun science can be! *Edwin Harrow has spent over 20 years in high technology and has worked extensively with schools and community programs in eastern Massachusetts.*

Summer Course # : D09-09

Fee: \$155

Days: Monday-Friday – 5 sessions

Dates: August 3-7

Time: 2:00pm-3:30pm

Location: Memorial School Main Entrance

YOUTH - ARTS & CRAFTS

DRAWING & PAINTING

Ages: Entering Grades K-8

Instructor-Linda Minnick

This class is a wonderful opportunity for the young artist. Students will experiment with watercolor and acrylic paints to learn various styles and techniques of painting and drawing. The two mediums will overlap, using perspective, shading, washes, dry brush, etc. Professional quality materials will be used by all students. *Linda Minnick is an extremely creative art teacher for the Walpole school system and is one of our most popular instructors.*

Summer Course # : D10-09

Fee: \$78

Days: Monday-Friday – 5 sessions

Dates: July 6-10 and/or

Time: 10:30am-12:00pm

July 13-17

Location: Memorial School-Main Entrance

ative art teacher for the Walpole school system and is one of our most popular instructors.

Summer Course # : D11-09

Fee: \$75

Days: Monday-Friday – 5 sessions

Dates: Week 1 - July 13-17

Time: Week 1 – 12:30pm-2:00pm

and/or

Week 2 – 9:00am-10:30am

Week 2 - July 20-24

Location: Memorial School-Main Entrance

JEWELRY MAKING

Ages: Entering Grades K-8

Instructor-Linda Minnick

Do you love to wear beautiful jewelry and give handmade pieces to friends and family? Learn to make friendship bracelets, beaded chokers, and a variety of other creative jewelry. All participants will also create an embellished box to hold all the jewelry made during this class. *Linda Minnick is an extremely creative art teacher for the Walpole school system and is one of our most popular instructors.*

Summer Course # : D12-09

Fee: \$75

Days: Monday-Friday – 5 sessions

Dates: Week 1 - July 6-10

and/or

Time: Week 1 – 9:00am-10:30am

Week 2 - July 20-24

Week 2 – 10:30am-12:00pm

Location: Memorial School-Main Entrance

CARTOONING

Ages: Entering Grades K-8

Instructor-Linda Minnick

Using pen and ink, pencil and markers, students will explore ways to bring their characters and stories to life on paper. The focus will be on drawing techniques and developing a style in comic strip or book format. Older students are encouraged to learn advanced cartooning. By combining folded paper into unique forms, participants will create their own comic book to fill with the unlimited possibilities of cartooning techniques taught in this class. *Linda Minnick is an extremely cre-*

***** SWIM LESSONS AT FRANKLIN YMCA *****

We are excited to team-up with the Franklin YMCA for our summer swim lessons! The YMCA Swim Lesson Program is especially attractive to parents because of the way in which participants are taught. In all levels, children are encouraged to practice swimming on their front, back, and side. Lessons focus on personal safety, personal growth, including values and volunteering, stroke development, water sports, games, and rescue. Starting in the lowest levels, synchronized swimming and wetball are also incorporated into all lessons. Many days and lesson times are offered to fit around your busy summer schedule. The summer swim season begins on Monday, June 29th and runs through Sunday, August 30th. **Placement and Evaluation Schedule:** Although the program offerings listed do not distinguish levels, each child will be required to register by level. Children three years and older may be evaluated before registration to ensure proper placement in swim class. Please attend one of the following evaluation times before the start of the summer program. If the following times are not convenient, please call to schedule an alternate time: **Monday and Wednesday at 6:10 pm; Tuesday, Thursday, and Friday at 3:40 pm; Saturday 1:00pm; Sunday at 4:10pm.** Please call Jess Lukas, Aquatics Director, at 774-235-2747, with any questions.

SESSION 1: June 29-Aug.2 5 weeks (4 wks. for Sat. programs)
SESSION 2: August 3-30 4 weeks

PARENT-CHILD SWIM PROGRAM



Ages: 6 months – 3 years

This 30-minute program provides the highest quality of early-water experience for young children. Participants can progress through four levels, from water adjustment through basic skills. Program instruction is directed toward helping parents work with their children. One adult must accompany each child.

Summer Course # : D20-09

Days: Monday & Wednesday – 11:30am or 6:00pm **Fee:** \$101 (Session 1)
Tuesday & Thursday – 11:30am \$87 (Session 2)
Day: Saturday – 9:00am or 9:40am **Fee:** \$54 (Sessions 1 & 2)

PIKE WITH PARENT SWIM PROGRAM



Ages: 3-5

This 30-minute program is for children who are not ready to be away from an adult for swim lessons. This is a transitional class which introduces skills to the child and adult together. Graduation day is when the parents are out of the water and the kids are comfortable on their own.

Summer Course # : D21-09

Days: Monday & Wednesday – 3:30pm **Fee:** \$101 (Session 1)
Tuesday & Thursday – 4:45pm \$87 (Session 2)
Day: Saturday – 9:00am, 9:40am, or 12:00pm **Fee:** \$54 (Sessions 1 & 2)

PRESCHOOL SWIM LESSONS

– Child Only



Ages: 3-5

This 30-minute program introduces children to their first experience swimming without a parent. It is a great way for kids to learn how to be independent and have fun in an aquatic setting. A trained, caring swim instructor divides participants into four skill levels. We encourage children to attend twice a week to see progression, but do offer

one-day-a-week classes.

Summer Course # : D22-09

Days: Monday & Wednesday – 3:30pm or 6:00pm **Fee:** \$101 (Session 1)
Tuesday & Thursday – 11:30am \$87 (Session 2)
Day: Saturday – 9:00am, 9:40am, or 12:00pm **Fee:** \$54 (Sessions 1 & 2)

Special Two-Week Program

Days: Monday-Thursday – 8 sessions **Fee:** \$87
Dates: July 6-16, July 20-30, August 3-13, or August 17-27 **Time:** 9:00am-9:30am
Location: Franklin YMCA

YOUTH SWIM LESSONS



Ages: 6-12

This 45-minute youth swim program consists of six separate, progressive levels that focus on stroke development, water safety, personal growth, and fun. We encourage children to attend twice a week to see progression.

Summer Course # : D23-09

Days: Monday & Wednesday – 10:35am, 4:10pm or 5:50pm **Fee:** \$105 (Session 1)
Tuesday & Thursday 10:35am or 3:50pm \$87 (Session 2)

Day: Sat. – 10:20am or 11:10am **Fee:** \$59 (Sessions 1 & 2)

Special Two-Week Program

Days: Monday-Thursday – 8 sessions **Fee:** \$87
Dates: July 6-16, July 20-30, August 3-13, or August 17-27 **Time:** 9:40am-10:10am
Location: Franklin YMCA

GOLF LESSONS at MAPLEGATE

COUNTRY CLUB



Ages: 8 & up

Instructor-Greg Dowdell

Learn to play golf, or improve on your current game, with Medway's own P.G.A. Professional. Learn all phases of golf, as well as golf etiquette. This program is for beginners and intermediate level players. You will develop the skills to become a great golfer! Free use of clubs and balls during your lesson time, if needed. Space in this program will fill-up quickly! *Greg Dowdell has been a golf pro for 17 years and the Head Pro at Maplegate for 8 years. He is also the head golf coach at Medway High School and Dean College.*

Summer Course # : D24-09

Fee: \$80

Day: Monday – 4 sessions **Dates:** July 6-27
Time: 5:00pm-6:00pm **Location:** Maplegate Country Club
160 Maple St. Bellingham

SUMMER SUPER SPORTS

Ages: Entering Grades K-4

Instructor-F.A.S.T. Athletics Staff

The Super Sports Programs offers a variety of sports each session, such as soccer, basketball, flag football, dodge ball, and kick ball. Programs include proper stretching and warm-up games, as well as teaching the basic skills of each sport. Each class ends with a high-energy games of the sport played that day.

Summer Course # : D25-09

Fee: \$105

Days: Monday-Friday – 5 sessions **Dates:** July 13-17
Time: 9:00am-12:00pm **Location:** Memorial School Gym

FLAG FOOTBALL CLINIC**Ages:** Entering Grades 3-6*Instructor-F.A.S.T. Athletics Staff*

All participants will learn game strategies, catching techniques, and, most importantly, how to work together as a team. The student will participate in different situational games, such as Red Zone Defense, Fourth and Inches, and The QB Challenge as they learn the importance of fair play. Each session ends with a simulated game broken down into four quarters – the coaches will have tons of plays ready to go for their teams!

Summer Course # : D26-09**Fee:** \$105**Days:** Monday-Friday – 5 sessions **Dates:** June 29-July 3 or**Time:** 9:00am-12:00pm

July 27 - 31

Location: Memorial School Gym

*****SKYHAWKS SPORTS PROGRAMS*****

Skyhawks Sports Academy, Inc. is returning for another fun-filled summer of sports programs. Started more than 25 years ago, Skyhawks has grown into the nation's largest provider of youth athletics. Their purpose is to teach children life lessons through athletics by providing safe and positive athletic programs that emphasize critical lessons in sports and life, such as sportsmanship, teamwork, and winning and losing. Their program builds on its foundation of providing healthy and active lifestyle choices, while helping to develop and build the skills and confidence of young athletes. Their vision is that every child should experience the joy and benefits of athletics. **PLEASE NOTE: Skyhawks' head coaches are all over the age of 18 and are chosen from over 5,000 applicants after completing a personal interview, a criminal background check and a classroom training program. All coaches also have First-aid training, certification through our coaching licensing program, and been hand-selected for his or her athletic skills, knowledge, and ability to communicate with young athletes on an eye-to-eye level.**

TINY-HAWK**Ages:** 3-4**SOCCER AND BASKETBALL**

Our Tiny-Hawk program helps young children tune their large motor skills while refining their dexterity, balance and coordination with and without the ball. These tiny athletes learn the basics through unique Skyhawks games. Our curriculum provides a focus on listening skills and group behavior dynamics. Children must be potty-trained to attend; pull-ups are not allowed. With a participant-to-coach ration of approximately 6:1, children receive guidance and constant supervision. Parents are encouraged to stay and observe their children in action. Participants will receive a Merit Award. Please bring sneakers and a water bottle and apply sunscreen before the start of the camp.

Summer Course # : D27-09**Fee:** \$45**Days:** Monday-Thursday – 4 sessions **Dates:** June 29-July 2**Time:** 9:00am-9:45am**Location:** Memorial School Gym**MINI-HAWK****Ages:** 4-6**SOCCER, BASEBALL & BASKETBALL**

Our Mini-Hawk program helps young children explore three fun sports in a day-program setting. This is no pressure, just lots of fun, for our young athletes who participate in unique Skyhawks games. The staff is trained to meet the needs of young children. Participants will

receive a T-shirt and a Merit Award. Please bring sneakers, snack, water bottle, and sunscreen. Participant-to-coach ratio is approximately 8:1.

Session 1:**Summer Course # :** D28-09**Fee:** \$95**Days:** Monday-Thursday – 4 sessions **Dates:** June 29-July 2**Time:** 10:00am-1:00pm**Location:** Memorial School Gym**Session 2:****Summer Course # :** D29-09**Fee:** \$120**Days:** Monday-Friday – 5 sessions**Dates:** July 13-17**Time:** 9:00am-12:00pm**Location:** Memorial School Gym**MULTI-SPORT****Ages:** 7-10

Soccer, baseball & basketball are covered in the Multi-Sport program, which is structured through the Skyhawks progression. This program is designed for the younger participant with a love for active sports and the desire to learn the fundamentals of several sports in an enriching, enjoyable, and SAFE atmosphere. Participants will receive a T-shirt and a Merit Award. Please bring sneakers, snack, water bottle, and sunscreen. Participant-to-coach ratio is approximately 12:1.

Session 1:**Summer Course # :** D30-09**Fee:** \$95**Days:** Monday-Thursday – 4 sessions **Dates:** June 29-July 2**Time:** 10:00am-1:00pm**Location:** Memorial School Gym**Session 2:****Summer Course # :** D31-09**Fee:** \$120**Days:** Monday-Friday – 5 sessions**Dates:** July 13-17**Time:** 9:00am-12:00pm**Location:** Memorial School Gym**SKYHAWKS CHEERLEADING****Ages:** 7-12

Skyhawks Cheerleading offers a week of cheers, chants, and fun games. Participants will be taught proper motion and jumping techniques for all aspects of cheering. The week will end with a Friday performance for the parents. Participants will receive pom-poms, a T-shirt, and a Merit Award. Participant-to-coach ratio is approximately 12:1.

Summer Course # : D32-09**Fee:** \$120**Days:** Monday-Friday – 5 sessions**Dates:** August 3-7**Time:** 9:00am-12:00pm**Location:** Memorial School Gym**SOCCER****Ages:** 7-12

We progressively teach the fundamental skills of soccer while the player experiences the excitement of playing the sport. Skills, exercises, games, and scrimmages are utilized to teach passing, dribbling, shooting, and offensive and defensive techniques of the world's most popular sport. Please bring sneakers or cleats, shin guards, two snacks, water bottle, and sunscreen. Participants will receive a T-shirt and a Merit Award. Participant-to-coach ratio is approximately 14:1.

Summer Course # : D33-09**Fee:** \$120**Days:** Tuesday-Friday – 4 sessions**Dates:** June 23-26**Time:** 9:00am-12:45pm**Location:** Memorial School Gym**BASKETBALL****Ages:** 7-12

Our basketball program is for beginning and intermediate basketball players. Players will learn new skills, while building upon the fundamentals. All will have a great time as they refine their passing, shooting, and dribbling skills. Participants will receive a T-shirt and a Merit Award. Please bring sneakers, snack, and water bottle. Participant-

to-coach ratio is approximately 10:1.

Summer Course # : D34-09 **Fee:** \$120
Days: Monday-Friday – 5 sessions **Dates:** July 20-24
Time: 9:00am-12:00pm **Location:** Memorial School Gym

FLAG FOOTBALL

Ages: 7-12

Participating in the Skyhawks flag football program is a great way to introduce young athletes to this popular sport, rich in tradition. Players learn catching, passing, and blocking, as well as the rules of the game and the strategies of offense and defense. Participants will receive a T-shirt and a Merit Award. Please bring sneakers, two snacks, water bottle, and sunscreen. Participant-to-coach ratio is 14:1.

Summer Course # : D35-09 **Fee:** \$120
Days: Tuesday-Friday – 4 sessions **Dates:** June 23-26
Time: 9:00am-12:45pm **Location:** Memorial School Gym

KARATE

Ages: 5-13

Instructors-Master Julie Guido & Sensei Christine Howard

Learn the art of Kempo Karate. This course will teach age-appropriate self-defense techniques, as well as important life skills, such as confidence, self-control, and patience. The biggest benefit to karate is that it is an individual sport in which each student works at his or her own pace. The last class will include a test during which the students will demonstrate the skills they have learned during the program. At the conclusion of the test, the students will earn their rank which, depending on their level, will be either a stripe or a belt. *All classes are taught by 6th degree, Master Julie M. Guido and 3rd degree, Sensei Christine Howard.*

Summer Course # : D36-09 **Fee:** \$55
Days: Monday-Friday – 5 sessions **Dates:** July 13-17
Time: 10:00am-11:00am **Location:** Memorial School Main Entrance



ADVANCED KARATE

Ages: 5-13

Instructors-Master Julie Guido & Sensei Christine Howard

This course is for students who have previously taken Karate. The advanced course will focus on more difficult age-appropriate self-defense techniques, as well as important life skills, such as confidence, self-control, and patience. The biggest benefit to karate is that it is an individual sport in which each student works at his or her own pace. The last class will include a test during which the stu-

dents will demonstrate the skills they have learned during the program. At the conclusion of the test, the students will earn their rank which, depending on their level, will be either a stripe or a belt. *All classes are taught by 6th degree, Master Julie M. Guido and 3rd degree, Sensei Christine Howard.*

Summer Course # : D37-09 **Fee:** \$55
Days: Monday-Friday – 5 sessions **Dates:** July 13-17
Time: 10:00am-11:00am **Location:** Memorial School Main Entrance

RUNNING CLINIC

Ages: Entering Grades 3-6

Instructors-Nanci Cahalane & Don Palladini

The purpose of this program is to help participants maintain a positive attitude toward accomplishments, avoid injury, and ENJOY THE SPORT OF RUNNING! We will focus on important aspects of running, such as warm-up and cool down; why, how and when to stretch; proper running form; pace setting; keeping a log/journal; rest and recover; and good nutritional habits, including hydration. We will include running games and hurdles. Our final session will include fun and friendly competition! *Nanci Cahalane is an MIAA Certified Coach, and Don Palladini is a local running enthusiast and marathoner.*

Summer Course # : D38-09 **Fee:** \$60/week
Days: Monday-Thursday – 4 sessions **Dates:** June 22-25 or July 20-23 or July 27-30
Time: 4:30pm-5:30pm **Location:** King Philip High School Track-Wrentham

SUMMER FIELD HOCKEY CLINIC **Ages:** Entering Grades 5-8

Instructors- Ms. Hasenfuss & Mrs. Burke

Spend a week with us this summer and learn the exciting sport of Field hockey with our own High School coach, Ms. Hasenfuss. You will learn the basic skills, or brush-up on previous acquired skills, through drills and games. Grab a friend and sign-up quickly for this popular clinic! Sticks and balls will be provided. Please bring shin pads, plenty of water, and a light snack.

Summer Course # : D39-09 **Fee:** \$99
Days: Monday-Friday – 5 sessions **Dates:** July 13-17
Time: 9:00am-12:00pm **Location:** Middle School Football Field



SKATING LESSONS – Private and Semi-Private

Instructor-Alison Slack

Whether you want advanced instruction in figure or hockey skating, or just want to be able to have fun on the ice, you can arrange for private or semi-private lessons to improve your skills. The instructor, Alison Slack, is a U.S. Figure Skating Association double gold medalist with more than 25 years of teaching experience with beginner skaters, competitive figure skaters, and hockey skaters. She is currently teaching group and private lessons at Norfolk, Franklin, Walpole, and Foxboro arenas, and works with local hockey organizations on power skating skills. These lessons are open to all ages (with semi-private lessons determined by age and ability). Lessons are taught at the Norfolk Arena. Please call the instructor directly at (508) 533-4608 to arrange the lesson times and dates. The fee is for 6 one-half hour lessons that may be arranged during the following public and free style* sessions.

Norfolk Arena

Monday-Friday:

- 9:00am – 10:50am (up to 4 students per lesson)
- 11:00am – 12:50pm (hockey only, with full gear, 1-2 students)

- 1:00pm – 2:50pm (up to 4 students, per lesson)
- 3:00pm – 4:50pm (1-2 students, no Wednesday sessions)*

Sunday

- 1:00pm – 2:50pm (1-2 students)

Summer Course # : D41-09

Fees:

Individual skater: \$200 for 6 one-half hour lessons

Two skaters: \$115 per skater for 6 one-half hour lessons
(including “parent/tot” lessons)

Three to four skaters: \$85 per skater for 6 one-half hour lessons
The instructor, Alison, can be reached at (508) 533-4608

Please note: Occasional changes are made to Norfolk’s rink schedule due to holidays, camps or weather. Also, the Norfolk Arena charges \$5.00 for children and \$6.00 for adults per day.

*This is a free style session that limits the numbers of skaters on the ice and the rink charge is \$12 per hour, with multi-session discounts available.

TEEN/HIGH SCHOOL PROGRAMS

DISC GOLF

Instructor-Greg Dowdell



Ages: Grades 13 & up

Disc Golf has finally come to Medway!! An instructional clinic and golf games will be played on a regulation “golf course” built in the woods and on the fields of the high school. Sign-up with three friends and you will have a team ready to go! Google this exciting new game to learn more about it! *Greg Dowdell has been a golf pro for 17 years and the Head Pro at Maplegate for 8 years. He is also the head golf coach at Medway High School and Dean College.*

Summer Course # : D42-09

Fee: \$50

Day: Thursday – 4 sessions

Dates: July 9-30

Time: 1:00pm-3:00pm

Location: High School-
Concession Stand

ADVENTURE PROGRAMMING

Instructor: Medway High School Athletics Staff; IPEC Leaders



Ages: 14 and up

Medway Community Education is proud to announce the formation of its first Adventure Programming initiative. This program will take place and be facilitated by the Physical Education staff at Medway High School, using the IPEC (Interdisciplinary Physical Education Curriculum) course challenge. The school houses 3 indoor rock walls, an array of team building initiatives, low element challenges, and an outdoor ropes challenge course complete with 7 elements, including a zip line.

Team Building Initiatives:

Team building initiatives are exciting and fun activities that help develop characteristics of a successful team. The team will be given tasks that will challenge both physical and mental abilities. The members must solve problems through cooperative discussion and planning, learning to respect one another, as well as working effectively together.

Low Elements:

Low elements challenge the group to climb, balance, or maneuver through a series of obstacles only a few feet off the ground. Participants develop trust with each other and learn to rely on their team for

support. These activities strengthen communication, problem solving, and decision-making skills among group members.

High Ropes Elements:

High elements (30-50 feet in the air) challenge individuals physically and emotionally, encouraging participants to become aware of their limitations and work toward overcoming them for personal growth, increased self-esteem, and heightened awareness of others’ needs. Participants are secured by a safety harness and are attached to a belay rope that is controlled by a trained instructor.

We offer both spring and summer schedules, and private groups, either small or large, are encouraged to contact Karl Infanger directly (infanger@medway.k12.ma.us) to tailor a full or half day schedule to meet their group’s specific needs – weekend dates are available in the spring, and weekday dates, both day and evening, are available in the summer. The cost for a tailored program is \$25/person – half day (approx. 3 hrs) or \$50/person – full day (approx. 6 hrs).

All instructors are physical education teachers at Medway High School with over 30 years of adventure based education between them.

The course and equipment are inspected annually.

Summer Course # : D43-09

Fee: \$55

Days: Monday-Thursday – 4 sessions

Dates: July 13-16

Time: 5:30pm-7:00pm

Location: High School
(near tennis courts)

**INTERESTED IN
TEACHING A COURSE?
Call Margery Monahan at
508-533-3222 X2200 for details!**

DRIVER'S EDUCATION

Ages: 15 yrs/9 mos. & up

Instructor - Driver Training Center

Program Information:

We offer three programs to best fit your schedule! Our one-week classes meet for five days (see dates below) from 9:00am-3:30pm with a one-half hour lunch break. Please bring a lunch each day. DTC is a four-star (highest rating) licensed driving school and has been in business for over 25 years.

Program Overview:

All students must complete 12 hours of driving instruction and 6 hours of driving observation. For information about this class, please call DTC at 508-528-9510 between 2-5pm.

Parent Class Information:

The Registry of Motor Vehicles requires that all parents of new drivers attend a mandatory two-hour parent class. Please call DTC at 508-528-9510 between 2-5pm to register for this class.

Program Fees:

- \$169 one-week class payable to Medway Community Education – covers classroom time, Driver's Ed certificate and processing fee.
- \$47/hour driving time if paid in full before end of one-week class; \$52/hour driving time if paid after one-week class. Visa or MasterCard are accepted by calling DTC directly; personal checks are accepted, payable to DTC. Total driving fee is \$564 if pre paid; \$624 if not prepaid.
- \$200 driving time deposit is required before the end of the one-week class if not paid in full.
- FREE six hours of driving observation time.
- FREE parent class if register with DTC before the end of the one-week class; \$39 fee if register with DTC after the one-week class.

Summer Course # : D44-09

Fee: \$169

Days: Wed/Thurs/Fri/Mon/Tues – 5 sessions **Dates:** June 24-30

Time: 9:00am-3:30pm **Location:** Memorial School-Rm. TBA

Summer Course # : D45-09

Fee: \$169

Days: Monday-Friday – 5 sessions **Dates:** August 10-14

Time: 9:00am-3:30pm **Location:** Memorial School-Rm. TBA

ADVANCED DRIVER TRAINING **Ages:** Permit/License Required

Instructor-In Control Advanced Driver Training

Medway Community Education is pleased to offer an important new course with Massachusetts' 1st Certified Driver Skills Development Program! The **In Control Advanced Driver Training** program provides students with valuable hands-on experience in skid control, accident avoidance, and other crucial driving skills that cannot be practiced on public roads. Professional racecar drivers instruct students in both a classroom setting and behind the wheel. Parents are encouraged to accompany their child to the 4.5 hour training, observing the in-car instruction and joining in for the classroom portion. The ideal time for students to take this course is after they have completed the on-the-road training of their Driver's Education course, but before or soon after they obtain their license – a learner's permit is required. We are offering this valuable & effective driver's training program at an extremely discounted rate of \$199 (**a \$299 course**) **due to the generosity of Russo Insurance and In Control**. All additional students from the same family pay only \$150. Families with Safety Insurance only pay \$75 per family member. Also, many insurance companies now offer discounts for completion of the Advanced Driver Training – consult your insurance agent. To learn

more about the program, visit www.WeDriveInControl.com. **When registering, please include your Driver's License or Permit number and Insurance Carrier. For those with Safety Insurance, also include your Policy Number.** If at least 25 students sign up in a semester, we will provide bus transportation to and from the South Weymouth location with the funding provided by Russo Insurance. You will be notified if this is possible.

Summer Course # : D46-09

Fee: \$199

Days: Tuesday – 1 session

Date: July 14

Time: 1:00pm-5:30pm

Location: South Weymouth
(Former Naval Air Station)

Summer Course # : D47-09

Fee: \$199

Days: Sunday – 1 session

Date: August 9

Time: 1:00pm-5:30pm

Location: South Weymouth
(Former Naval Air Station)

REVOLUTION PREP SAT COURSE

Now is a great time to think about SAT preparation. If you plan to take the October 10th SAT, consider participating in comprehensive test prep to help you perform at your best. We have once again partnered with Revolution Prep to help students prepare for the test. Classes will begin on **July 6th** (Wednesday classes and Monday exams) or **August 29th** (Wednesday classes and Saturday exams). There are six instructional classes and five proctored exams during each program, which may be taken at home if necessary. Please refer to the schedule below for program specifics. Revolution Prep offers a **200-point Score Increase Guarantee** – 200 points can have a huge impact on college options! Revolution Prep also offers online access for a detailed analysis of your test scores, including personalized feedback on essays, strategies to improve your focus, intensity and endurance, customized homework assignments, a free repeat policy, and opening refresher or make-up classes for students planning to take the SAT again as a senior. Revolution Prep offers need-based financial aid as well.

Fee: Group Class - \$499 Hybrid Class - \$799

TO REGISTER:

- Call 1-877-REV-PREP / 1-877-738-7737
- Visit www.revolutionprep.com

SCHEDULE: (leading up to the October 10th SAT test)

Summer Course #: D100-09

<u>Date</u>	<u>Day</u>	<u>Time</u>	<u>Meeting</u>	<u>Location</u>
July 6	Mon.	9AM-1PM	Exam 1	HS 112-1
July 8	Wed.	9AM-12PM	Class 1	HS 112-1
July 13	Mon.	9AM-1PM	Exam 2	HS 112-1
July 15	Wed.	9AM-12PM	Class 2	HS 112-1
July 20	Mon.	9AM-1PM	Exam 3	HS 112-1
July 22	Wed.	9AM-12PM	Class 3	HS 112-1
July 27	Mon.	9AM-1PM	Exam 4	HS 112-1
July 29	Wed.	9AM-12PM	Class 4	HS 112-1
Aug. 3	Mon.	9AM-1PM	Exam 5	HS 112-1
Aug. 5	Wed.	9AM-12PM	Class 5	HS 112-1
Aug. 10	Mon.		NO EXAM	
Aug. 12	Wed.	9AM-12PM	Class 6	HS 112-1

Summer Course #: D200-09

Date	Day	Time	Meeting	Location
August 29	Sat.	9AM-1PM	Exam 1	HS 112-1
Sept. 2	Wed.	6PM-9PM	Class 1	HS 112-1
Sept. 5	Sat.	9AM-1PM	Exam 2	HS 112-1
Sept. 9	Wed.	6PM-9PM	Class 2	HS 112-1
Sept. 12	Sat.	9AM-1PM	Exam 3	HS 112-1
Sept. 16	Wed.	6PM-9PM	Class 3	HS 112-1
Sept. 19	Sat.	9AM-1PM	Exam 4	HS 112-1
Sept. 23	Wed.	6PM-9PM	Class 4	HS 112-1
Sept. 26	Sat.	9AM-1PM	Exam 5	HS 112-1
Sept. 30	Wed.	6PM-9PM	Class 5	HS 112-1
Oct. 3	Sat.		NO EXAM	
Oct. 7	Wed.	6PM-9PM	Class 6	HS 112-1

WRITE AN OUTSTANDING COLLEGE ADMISSION ESSAY**Ages:** Entering Grades 11 & 12*Instructor-Christa M. Panciocco, College Consultant*

If the thought of writing a college admission essay is causing you stress, then this workshop is for you! Attend this two-week workshop and leave with an outstanding college admission essay. You will be guided through the essay writing process from start to finish. Your completed essay will "wow" the college admissions staff. You will feel great when your application essay is completed before the start of school. Do not miss out on this valuable opportunity to have a former admission counselor read and critique your essay.

Summer Course # : D48-09 **Fee:** \$50**Days:** Monday & Thursday – 4 sessions **Dates:** July 27, 30 August 3, 6**Time:** 9:00am-10:00am **Location:** High School – Rm. 111-1**STUDIO SHAKESPEARE****Ages:** 13+*Instructor-Spencer Christie*

This course provides an opportunity to learn and perform theatres most influential playwright. With a focus on the vocal and physical aspects of acting performance, we will explore many of William Shakespeare's works. For those interested in acting, this course is for you; the only requirement is an open mind and a love of creating art. *For the past ten years, Spencer Christie has acted, directed and taught throughout the Boston area for such companies as The Berkshire Theatre Festival and Boston Theatre Works. He is currently completing his M.Ed from Boston College in Secondary English.*

Summer Course#: D302-09 **Fee:** \$75**Day:** Monday-Friday – 5 sessions **Dates:** July 13-17 or Aug. 3-7**Time:** 12:30pm-2:30pm **Location:** High School Auditorium**TEEN SWIM INSTRUCTION****Ages:** 13 & up*Instructors-YMCA Aquatics Staff*

For program information, please refer to write-up in the Youth Athletics section of this brochure.

Summer Course # : D49-09 **Fee:** \$65**Day:** Wednesdays – 5 sessions **Dates:** July 1-29**Time:** 6:40pm-7:25pm **Location:** Franklin YMCA**Summer Course # :** D50-09 **Fee:** \$59**Day:** Wednesdays – 4 sessions **Dates:** August 5-25**Time:** 6:40pm-7:25pm **Location:** Franklin YMCA**YMCA LIFEGUARDING CERTIFICATION COURSE****Ages:** 16 & up*Instructors-YMCA Aquatics Staff*

To participate in the YMCA Lifeguarding course, professional CPR, First Aid, and AED are required prior to participation in the class. Students should be able to swim 500 yards and tread water for one minute. Employment opportunities available at Hockomock YMCA for those who excel in this class! Call Jess Lukas at 774-235-2747 to plan your class. Total of 30 hours training required in this class.

Summer Course # : D51-09 **Fee:** \$225**Day:** Thursday-Sunday – 4 sessions **Dates:** June 18-21**Time:** 4:00pm-8:00pm Thurs.

4:00pm-9:00pm Fri.

8:00am-6:00pm Sat. & Sun. **Location:** Franklin YMCA**HIGH SCHOOL SUMMER RUNNING WORKOUTS****Ages:** 14-18*Instructors-Nanci Cahalane and Don Palladini*

Get a head start on your Fall Sports conditioning or join us simply for the enjoyment and appreciation of the benefits of running! The focus will be on discovering the true pleasure of running, while building confidence, conditioning, and a base for completion. We will cover distance running (3-5 miles), track work-outs, drills, strengthening & stretching, with a strong emphasis on having FUN! *Nanci Cahalane is an MIAA Certified Coach, and Don Palladini is a local running enthusiast and marathoner.*

Summer Course # : D52-09 **Fee:** \$75**Day:** Mondays & Wednesdays – 6 sessions **Dates:** July 13-29**Time:** 6:30pm-7:30pm **Location:** King Philip High School Track

Wrentham

(No class April 20 & May 25)

Time: 8:00pm-9:15pm **Location:** McGovern Cafeteria

ADULT - FITNESS

**ADVENTURE PROGRAMMING****Ages:** 14 and up*Instructor: Medway High School Athletics Staff; IPEC Leaders*

Medway Community Education is proud to announce the formation of its first Adventure Programming initiative. This program will take place and be facilitated by the Physical Education staff at Medway High School, using the IPEC (Interdisciplinary Physical Education Curriculum) course challenge. The school houses 3 indoor rock walls, an array of team building initiatives, low element challenges, and an outdoor ropes challenge course complete with 7 elements, including

We offer both spring and summer schedules, and private groups, either small or large, are encouraged to contact Karl Infanger directly (infanger@medway.k12.ma.us) to tailor a full or half day schedule to meet their group's specific needs – weekend dates are available in the spring, and weekday dates, both day and evening, are available in the summer. The cost for a tailored program is \$25/person – half day (approx. 3 hrs) or \$50/person – full day (approx. 6 hrs).

All instructors are physical education teachers at Medway High School

with over 30 years of adventure based education between them. The course and equipment are inspected annually.

Summer Course # : D53-09 **Fee:** \$55
Day: Monday-Thursday – 4 sessions **Dates:** July 13-16
Time: 5:30pm-7:00pm **Location:** High School
(near tennis courts)

GOLF LESSONS at MAPLEGATE COUNTRY CLUB

Instructor-Greg Dowdell

Learn to play golf, or improve on your current game, with Medway's own P.G.A. Professional. Learn all phases of golf, as well as golf etiquette. This program is for beginners and intermediate level players. You will develop the skills to become a great golfer! Free use of clubs and balls during your lesson time, if needed. Space in this program will fill-up quickly! *Greg Dowdell has been a golf pro for 17 years and the Head Pro at Maplegate for 8 years. He is also the head golf coach at Medway High School and Dean College.*

Summer Course # : D54-09 **Fee:** \$80
Day: Monday – 4 sessions **Dates:** July 6-27
Time: 6:00pm-7:00pm **Location:** Maplegate Country Club
160 Maple St. Bellingham

LADIES LIGHT HIKE

Instructor-Nanci Cahalane

Add dimensions to your walking or jogging. Do you like the idea of hiking but don't want to go alone? Hiking is fantastic exercise, as well as a great time to get some fresh air and explore new places. This class moves at a good pace – we will be looking for hills! We will meet at various locations each week – a list will be distributed.

First Week Location: F. Gilbert State Forest in Foxboro. We will contact you with directions. Each week thereafter our Instructor will announce locations.

Nanci Cahalane is an AFFA/FRA Certified Personal Trainer and Fitness Counselor. Please note – sessions cancelled only for very inclement weather; make-ups after 2nd cancellation.

Summer Course # : D55-09 **Fee:** \$25/session
Day: Thursdays – 6 sessions **Dates:** June 25-July 30
Time: 9:45am-11:00am **Location:** F. Gilbert State Forest,
Foxboro

LADIES WALKING GROUP

Instructor-Nanci Cahalane

As most of us know, the benefits of walking are numerous. Here are just a few – weight management, decreased risk of heart attack and stroke, decreased blood pressure, increased "good" cholesterol, lower stress levels, improved sleep, elevated mood and sense of well-being and, best of all, it is FUN! Very often the most difficult part of an exercise routine is setting aside the time, so here is your opportunity. Join in this friendly informal group and get some fresh air while enjoying a brisk walk of about 2-3 miles, followed by stretching. Included in the class will be exercise advice and healthy cooking tips and recipes. *Nanci Cahalane is an AFFA/FRA certified personal trainer and fitness counselor. Please note – sessions cancelled only for very inclement weather; make-ups after 2nd cancellation.*

Summer Course # : D56-09 **Fee:** \$25/session
Day: Tuesdays – 6 sessions **Dates:** June 23-July 28
Time: 9:00am-10:00am **Location:** Pond Street
Recreation Complex, Rt. 115 Norfolk

AFYAP - Arthritis Foundation/YMCA Aquatic Program

Instructor-YMCA Aquatics Staff

AFYAP is a soothing exercise class specifically designed for those with arthritis. Exercises are done in shallow water. The instructor is YMCA and National Arthritis Foundation certified. A doctor's release is required.

Summer Course # : D57-09 **Fee:** \$100
Day: Tuesdays & Thursdays – 18 sessions **Dates:** June 30-Aug.27
Time: 8:00am-8:45am **Location:** Franklin YMCA

AQUA AEROBICS

Instructor-YMCA Aquatics Staff

Join us for this low impact fitness class that includes muscular strength, stretching for flexibility, and cardiovascular activity that is gentle on the joints. This class is perfect for those new or returning exercise enthusiasts who are looking for a new program.

Summer Course # : D58-09 **Fee:** \$125
Day: Mon., Wed., & Fri. – 27 sessions **Dates:** June 29-Aug.28
Time: 8:00am-8:45am **Location:** Franklin YMCA

CARDIO AQUA

Instructor-YMCA Aquatics Staff

This fun-filled class provides intense cardiovascular activity, incorporating aerobics moves suitable to the pool. The class begins with a standard warm-up and ends with a relaxing cool-down. This water workout is designed to improve cardiovascular endurance and increase muscular strength by incorporating activities of various intensities.

Summer Course # : D59-09 **Fee:** \$100/2 days or \$60/1 day
Day: Tuesdays and/or Thursdays – **Dates:** June 30-August 27
9 or 18 sessions
Time: 12:10pm-12:55pm or
7:45pm-8:30pm **Location:** Franklin YMCA

Summer Course # : D60-09 **Fee:** \$52
Day: Saturdays – 8 sessions **Dates:** July 11-August 30
Time: 8:00am-8:45am **Location:** Franklin YMCA



SKATING LESSONS – Private and Semi-Private

Instructor-Alison Slack

Whether you want advanced instruction in figure or hockey skating, or just want to be able to have fun on the ice, you can arrange for private or semi-private lessons to improve your skills. The instructor, Alison Slack, is a U.S. Figure Skating Association double gold medalist with more than 25 years of teaching experience with beginner skaters, competitive figure skaters, and hockey skaters. She is currently teaching group and private lessons at Norfolk, Franklin, Walpole, and Foxboro arenas, and works with local hockey organizations on power skating skills. These lessons are open to all ages (with semi-private lessons determined by age and ability). Lessons are taught at the Norfolk Arena. Please call the instructor directly at (508) 533-4608 to arrange the lesson times and dates. The fee is for 6 one-half hour lessons that may be arranged during the following public and free style* sessions.

Norfolk Arena

Monday-Friday:

- 9:00am – 10:50am (up to 4 students per lesson)
- 11:00am – 12:50pm (hockey only, with full gear, 1-2 students)
- 1:00pm – 2:50pm (up to 4 students, per lesson)
- 3:00pm – 4:50pm (1-2 students, no Wednesday sessions)*

Sunday

- 1:00pm – 2:50pm (1-2 students)

Summer Course # : D41-09

Fees:

Individual skater: \$200 for 6 one-half hour lessons

Two skaters: \$115 per skater for 6 one-half hour lessons
(including "parent/tot" lessons)

Three to four skaters: \$85 per skater for 6 one-half hour lessons
The instructor, Alison, can be reached at (508) 533-4608

Please note: Occasional changes are made to Norfolk's rink schedule due to holidays, camps or weather. Also, the Norfolk Arena charges \$5.00 for children and \$6.00 for adults per day.

*This is a free style session that limits the numbers of skaters on the ice and the rink charge is \$12 per hour, with multi-session discounts available.

...AND JUST A FEW MORE

HOW TO GET DEBT FREE

Instructor-Blanchard Warren

If I could teach you how to pay off all of your debts, credit cards, car payments and other consumer debts, in as little as 1 to 4 years, wouldn't you be curious to know how? What if I taught how to payoff your 30-year mortgage in another 4 to 6 years and save you thousands of dollars in interest fees? You will be shown how to do this all without refinancing or doing expensive balance transfers and you will learn how to do this with your current income. Imagine true financial freedom and peace of mind. Wouldn't you want the secret as to how you can do this? If so, this workshop is a must for you. Imagine the wonderful relief of not having to tangle with a mountain of debt bills – never again! You will have a debt elimination plan in action that methodically pays of all of your debts that you can implement immediately into your lifestyle. Come to this workshop and bring your list of debts and a calculator to class. Course fee includes a 12-page workbook, an \$8 value. Optional test is available in class

for \$43.

Summer Course # : D61-09

Day: Wednesday – 1 session

Time: 6:30pm-9:30pm **Location:** Memorial School- Main Entrance

Fee: \$40

Date: July 8

DISCOVER THE HISTORY OF YOUR HOUSE

Instructor-Marian Pierre-Louise

Enroll in this hands-on workshop and be prepared to roll up your sleeves and start digging! This one night class will get you started researching the history of your house. Discover what is available online and where to go for the information about your home's former residents. This program is most suitable for homes built before the 1930's.

Summer Course # : D62-09

Day: Thursday – 1 session **or**
Wednesday – 1 session

Time: 7:00pm-9:00pm

Fee: \$25

Dates: July 16 **or**
August 12

Location: Memorial School
Main Entrance - Computer Room



TRIPS

BOSTON RED SOX TICKETS

Spring/Summer Course # : C69-09

We have the Red Sox tickets for the 2009 season. We are fortunate to have obtained a limited number of tickets for two great Red Sox games against some very good teams in the League. Last year's tickets sold out VERY quickly, so get your registration in early so you won't miss out on this great opportunity to bring your family and friends and be there for all the excitement and action!

Price includes transportation from Medway Middle School. We will depart from the school 2 1/2 hours before game time. Game times are subject to change by the Red Sox organization.

Please specify on the registration form which game(s) you want and number of tickets needed. Only one registration form is needed per order. Those not wanting transportation may make arrangements with the Community Education Office at 508-533-3222 x2200 to pick up your tickets no earlier than one week prior to game day.

- Friday, Sept. 11: 7:00pm game vs the Tampa Bay Rays
Right Field Box - Section 87 - \$70 per ticket

INDEPENDENCE DAY KAYAK TRIP

Instructor-Still River Outfitters

Celebrate the Fourth of July weekend with a relaxing kayak trip down the Charles River. Bring the entire family, regardless of age and experience, on this trip while experienced guides lead the way. All boats, paddles, and Personal Flotation Devices are provided for all participants. Directions will be sent several days before the trip; please be sure to include your email address when registering. *Still River Outfitters' guides are all certified by the American Canoe Association, in CPR, and in Wilderness First Aid, many with higher Wilderness Medical Certifications.*

Summer Course # : D70-09 **Fee:** \$80/person over age 15;

\$45/person ages 6-15; FREE ages 5 and under

Day: Sunday

Time: 2:00pm-5:00pm

Date: July 5

Location: Charles River, Dover

REGISTRATION INFORMATION

All registrations may be mailed immediately to Community Education or hand-delivered to the Middle School Office Mondays-Fridays 7:30 a.m. to 3:00 p.m. Late registrations will be accepted if space allows. Participants in the Adult Programs must be at least 18 years of age.

SEND TO: Community Education Department, 45 Holliston Street, Medway, MA 02053

Make checks payable to: **Medway Community Education**. You may write one check per registration. Material fees are paid directly to the instructor at the first class. **We do not send confirmations! You are automatically enrolled upon registration.** Registration forms may be duplicated.

***Please print - ONE PERSON PER FORM* REGISTRATION FORM – SUMMER 2009**

Participant: First Name Last Name

Street Address Town

Home Phone Work Phone

If child participant:

Child's Age/Date of Birth

Parent's Name

E-mail address

Course #	Course Name	Day	Class Time	Fee

***Please print - ONE PERSON PER FORM* REGISTRATION FORM – SUMMER 2009**

Participant: First Name Last Name

Street Address Town

Home Phone Work Phone

If child participant:

Child's Age/Date of Birth

Parent's Name

E-mail address

Course #	Course Name	Day	Class Time	Fee

***Please print - ONE PERSON PER FORM* REGISTRATION FORM – SUMMER 2009**

Participant: First Name Last Name

Street Address Town

Home Phone Work Phone

If child participant:

Child's Age/Date of Birth

Parent's Name

E-mail address

Course #	Course Name	Day	Class Time	Fee

MEDWAY COMMUNITY EDUCATION...

**STILL SERVING THE YOUTH, TEENS,
AND ADULTS OF MEDWAY AND
SURROUNDING TOWNS FOR MORE
THAN 18 YEARS!!**

REGISTER EARLY!

Medway Community Education

45 Holliston Street
Medway, MA 02053
Margery Monahan, Director

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MEDWAY, MA 02053

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MEDWAY, MA 02053**

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