

**MEDWAY**

**Community Education**

**REGISTER NOW!**

Classes start in December

**WINTER**

**2012**

[www.medwayschools.org](http://www.medwayschools.org)

508-533-3222 x4

email: [communityed@medway.k12.ma.us](mailto:communityed@medway.k12.ma.us)

**WINTER 2012 BROCHURE**  
Serving Residents of All Communities

**COMMUNITY EDUCATION OFFICE**

The Medway Community Education Department is a totally self-sustaining program which is designed to serve the varied needs of all area residents. The programs provide the opportunity for educational and creative development incorporating academic, vocational, career, and enrichment courses for all ages.

**REGISTRATION: PLEASE NOTE OUR NEW OFFICE LOCATION**

- Mail registration and payment to **Medway Community Education**, 16 Cassidy Lane, Medway, MA 02053
- Hand Deliver registration and payment to the Memorial School Main Office, 16 Cassidy Lane - Monday-Friday, between the hours of 7:30am-3:30pm.
- Online payment is now available through UniPay Gold. See registration form for additional information.
- Make checks payable to MEDWAY COMMUNITY EDUCATION.
- You may submit one check per registration form. Forms may be duplicated.
- All checks returned by the bank will incur a \$25 fee payable to the Town of Medway and collected by the Town Treasurer.
- Late registrations will be accepted if space allows. Classes fill-up quickly, so register early!
- Participants in the Adult Programs must be at least 18 years of age.
- Out-of-towners are welcome at no additional fee.
- A Senior Citizen discount of 15% is offered to all persons 65 years of age and older. Material fees and special trips cannot be discounted.
- Scholarships – every possible effort will be made to assist participants who are unable to take a class due to financial hardships. Please contact the Director. All communications are confidential.

**ENROLLMENT:**

- We do not send confirmations – you are automatically enrolled upon registration unless notified.
- You are welcome to call us to confirm at 508-533-3222 x4.

**CANCELLATION & REFUND POLICY:**

- Our programs are self-supporting. We reserve the right to cancel a course if registration numbers are too low.
- Refunds are given only if a course is cancelled by Medway Community Education. Checks are issued by a Town of Medway check and may take three to four weeks to process.

**COURSE SCHEDULE:**

- Carefully check the schedule for each class.
- Classes will not be held January 16 (Martin Luther King Day) and February 20-24 (February Vacation Week) unless noted. In the event of a snowstorm, please check local TV stations for an announcement stating evening classes are cancelled. All cancelled classes will be made up at the end of the session.

**MEDWAY COMMUNITY EDUCATION DEPARTMENT:**

- **Office Location** – Memorial School, 16 Cassidy Lane, Medway, MA 02053.
- **Phone:** 508-533-3222 x4; **email:** communityed@medway.k12.ma.us; **online:** www.medwayschools.org
- **Director** – Margery Monahan; **Assistant Director** – Karen Niemczyk
- **Superintendent of Schools** – Judith A. Evans, Ed.D
- **School Committee** – Carole Bernstein, Diane Borgatti, Jeff DeVolder, Cindy Sullivan, Debora Trindade

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**CLASSROOM LOCATIONS**

- **Burke - Memorial Elementary School**  
16 Cassidy Lane
- **McGovern School**  
9 Lovering Street
- **Middle School**  
45 Holliston Street  
\* Classroom numbers ending in "A" are in concrete building on right.  
\* Classroom numbers ending in "B" are in brick building on left (old High School wing).
- **High School**  
88 Summer Street (Rt. 126)
- **Medway Public Library**  
26 High Street

# PRESCHOOL PROGRAMS

**TERRIFIC TWOS PRESCHOOL PROGRAM**      **Ages: 2 & 3**  
**WE ARE CURRENTLY ACCEPTING REGISTRATIONS**  
**FOR OUR 2012-2013 SCHOOL YEAR.**

**Program Information:**

Terrific Twos is a unique program developed for the younger preschool child. Classes meet Tuesdays and Thursdays from September 18, 2012 through May 23, 2013 at the Burke Elementary School, Community Education classroom. Each regularly scheduled class runs from 9:00am-11:30am. Please mail registration and non-refundable \$100 deposit, which will be applied to your May tuition, to Medway Community Education, 16 Cassidy Lane, Medway, MA 02053. Monthly tuition is \$200/month for two days per week. Regular monthly tuition payments are due on the first of the month, beginning in October, made payable to Medway Community Education. A simple and safe monthly payment plan, through UniPay Gold, is now available. Please refer to the registration page for details.

**Program Overview:**

Terrific Twos will enhance socialization and hands-on learning of two and three-year-olds in a small group setting. Music, movement, stories, projects and free play will be incorporated into a fun-filled morning. Snacks and drinks will be provided. There will be a maximum of 15 children with two teachers in each class.

**Teacher Information:**

*Melanie Dawson received a BA in Early Childhood Education and Special Needs from Boston College and has a Master's Degree in Elementary Education from the University of Connecticut. Melanie, a former Kindergarten teacher, currently runs Preschool Programs through Medway Community Education. Melanie is a mother of four children, ages 10, 13, 15, and 16 and resides in Medway. Assistant teacher, Irene Nelson, also a Medway resident, has three children, ages 12, 16, and 18. For enrollment forms or further information, please contact Melanie Dawson at 533-1544 or at melaniemdawson@comcast.net.*

**Winter Course # :** B1-12

**Fee:** \$200/month

**Days:** Tuesdays & Thursdays

**Dates:** Sept. 18-May 23, 2013

**Time:** 9:00am-11:30am

**Location:** Burke School-Room 13  
(Legion Ave. Parking Lot-Door 9)

**MESSY MIXTURES**

**Ages:** 2-4 with adult companion

*Instructor - Margie Monahan*

This is an exciting art program for preschoolers and an adult companion. Join us for a wonderful experience in process art where your child will explore, create and learn by experimenting with many different mediums. Children will have the opportunity to craft many different projects each week. Old play clothes recommended for those who attend.

**Winter Course #:** B2-12

**Fee:** \$55

**Day:** Mondays - 6 sessions

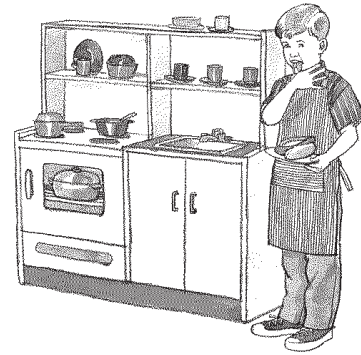
**Dates:** January 23-March 5  
(No class February 20)

**Time:** 9:30am-10:20am

**Location:** Burke School-Room 13  
(Legion Ave. Parking Lot-Door 9)

**INTERESTED IN  
TEACHING A COURSE?**

**Call Margery Monahan at  
508-533-3222 X4 for details!**



**LE PETITE CHEF**



**Ages:** 3-5

*Instructor - Alison Konicki*

Does your child love to help in the kitchen? In this hands-on class, children will plan, measure, stir, and taste their way to lots of fun! Tasty and healthy recipes are geared toward young children and are multi-stepped giving children an understanding of the entire cooking process. Children will also create several clever kitchen crafts during this course. This new drop-off class is perfect for all young chefs.

**Winter Course #:** B3-12

**Fee:** \$65

**Day:** Wednesdays - 6 sessions

**Dates:** January 11-February 15

**Time:** 9:45am-11:15am

**Location:** Burke School-Room 13  
(Legion Ave. Parking Lot-Door 9)



**MUSIC & MOVEMENT**



**Ages:** 3-5

*Instructor - Alison Konicki*

Young children love music and movement! In this class, children will be hopping, skipping, and moving their bodies to fun, engaging music. Add some parachute play and instruments, and they all will have a great time! This is a fun, drop-off class, perfect for the active child.

**Winter Course #:** B4-12

**Fee:** \$45

**Day:** Fridays - 6 sessions

**Dates:** January 20-March 2  
(No class February 24)

**Time:** 9:45am-10:30am

**Location:** Burke School Library  
(Legion Ave. Parking Lot-Door 9)



### PRESCHOOL DANCE

**Ages:** 3-5

*Instructor - Paula O'Malley*

Our dance program is a fun introduction to the basics of dance. The primary goal is to foster a love of music, movement and dance. A variety of basic steps that all young dancers can master will be covered. Children will gain flexibility and muscle strength, which will help with their motor skills. They will also receive the benefits of social interaction with other children in the class. *Paula O'Malley has been teaching dance for over 25 years. She has been sharing her love of dance at her own studio in Medway for the past 18 years.*

**Winter Course # :** B5-12

**Fee:** \$45

**Day:** Wednesdays - 6 sessions

**Dates:** January 11-February 15

**Time:** 11:30pm-12:15pm

**Location:** Burke School Library  
(Legion Ave. Parking Lot-Door 9)

duct basic stretching and conditioning exercises to improve flexibility, coordination and balance. Children will be taught basic karate punches, kicks and blocks. All techniques will be reinforced weekly using various equipment and fun drills designed to hide repetition and to keep children excited. *The instructor has been working in the Martial Arts for over 20 years. He currently owns and operates his own Martial Arts center in Millis. He teaches students from preschool through adulthood.*

**Winter Course #:** B6-12

**Fee:** \$40

**Day:** Thursdays - 6 sessions

**Dates:** January 12-February 16

**Time:** 12:30pm-1:00pm

**Location:** Burke School Library  
(Legion Ave. Parking Lot-Door 9)

### PRESCHOOL KARATE

**Ages:** 3 1/2-5

*Instructor - Tom Burke*

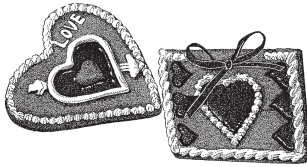
The focus in this class is to help children improve and develop gross and fine motor skills through the Martial Arts. In this class, we con-

### PRESCHOOL SWIM LESSONS

**Ages:** 6 mos-3 yrs.  
with adult companion

For information on Parent / Child swim lessons, please refer to course # B23-12 in the Youth - Fitness section of our brochure. Many times and days are available during both the winter and spring sessions.

## YOUTH - GENERAL PROGRAMS



### FRIDAY NIGHT FUN



**Ages:** Grades Pre K - 4

*Instructor - Alison Konicki*

Our two Friday nights of fun are the perfect solution for Moms and Dads who would like some extra time to do errands or have a quiet dinner together. On **Friday, February 3rd**, dress up and join us for our **Valentine Tea Party!** Bring a favorite doll or stuffed animal to share the fun. We will make homemade valentines for you to deliver to your family and friends and end the evening with cookie decorating! A light meal is included in this themed special evening. On **Friday, March 2nd**, join us for a **Night at the Spa** and pamper yourself silly! We will make our own face mask, foot scrub, and body lotion, and paint and decorate our fingers and toes, all while enjoying time with our friends. Don't forget to wear your jammies! A light meal is included in this themed special evening.

**Winter Course #:** B7-12 **Fee:** \$ 25/each session (\$20 for siblings)

**Day:** Fridays - 2 sessions

**Dates:** February 3 or March 2

**Time:** 6:00pm-8:00pm

**Location:** Burke School-Room 13  
(Legion Ave. Parking Lot-Door 9)

### HOME ALONE SAFETY

**Ages:** Grades 4 & 5

*Instructor - Juanita Allen; Century Health Systems*

Learn the basics of being safe when home alone for short periods of time. Learn how to safely answer the telephone and door, as well as about internet safety, accident prevention, and fire protection. Simple First Aid techniques will also be taught. A short movie and role playing will also be included in the program.

**Winter Course # :** B8-12

**Fee:** \$45

**Day:** Wednesday - 1 session

**Date:** February 29

**Time:** 3:30pm-5:30pm

**Location:** Memorial School-Rm. 124



### RED CROSS BABYSITTING COURSE

**Ages:** 11-14

*Instructor - Margie Monahan*

This course will teach you the responsibilities and qualities of being a good babysitter and what to expect from the person who hires you. You will learn to:

- Interview for a babysitting job
- Make good, responsible decisions
- Supervise children
- Adjust your actions based on the age of the children
- Choose safe and age-appropriate toys and games
- Handle an emergency or illness
- Perform first aid, including responding effectively to life-threatening emergencies
- Perform basic care routines like diapering, feeding, and dressing infants and children
- Feed infants and prepare simple meals and snacks
- Handle bedtime issues effectively
- Market yourself safely

This will be done with fun activities, exciting videos, lively discussions and real-life problem-solving situations. We will provide you with a first aid supply pack, and a fill-in-the-blanks notepad for emergency and safety information rules. Students will receive a Red Cross Certification Card at the completion of the course. **Students should bring a snack and drink to class each day. Please pick up your child at the Kelley Street parking lot doors near the softball field.**

**Winter Course # :** B9-12

**Fee:** \$75

**Day:** Thursdays - 4 sessions

**Dates:** January 19-February 9

**Time:** 2:00pm-4:30pm

**Location:** Middle School-Rm. 108A  
(Kelley St. Parking Lot-Door 7)

**AIR DRY CLAY WORKSHOP****Ages:** Grades K-4*Instructor - Marc Davidson*

Join us for this fun class where students will make pinch, coil, and slab pots, as well as whimsical creatures, which can be embellished to make truly unique items. All creations will be finished with acrylic paint. Please bring your creativity and prepare to have a great time with a favorite Medway art teacher.

**Winter Course # :** B10-12**Fee:** \$70**Day:** Thursdays - 6 sessions**Dates:** January 26-March 8

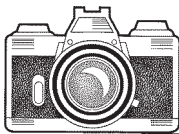
(No class February 23)

**Time:** 3:45pm-5:00pm**Location:** Middle School-Art Rm. 220**FUN WITH PHOTOSHOP****Ages:** Grades 2-8*Instructor - Maria Yanoshak*

How can you warp a photograph to make your friends laugh? Can you make a photograph look like a famous piece of artwork? These are just a few tricks you will learn in this new class. Students will manipulate digital photos in a variety of ways by learning the basics of Photoshop. Students will have hands-on practice applying effects and other digital photo editing techniques to photographs. The class will share lots of "oohs" and "ahhs" while experimenting with the tools Photoshop has to offer. Cameras are not needed! However, if students would like to use personal photographs, please bring a digital camera and, if available, a cord for downloading photographs to the computer. **Please enter through the Kelley Street parking lot doors near the softball field.** *The instructor is a certified teacher with a love of photography. She has attended numerous workshops and courses and has exhibited her photography at galleries and local libraries.*

**Winter Course # :** B11-12**Fee:** \$65**Day:** Mondays - 4 sessions**Dates:** January 23-February 13**Time:** 4:00pm-5:30pm**Location:** Middle School-Rm. 104A

(Kelley St. Parking Lot-Door 7)

**SNAP FOR KIDS - Photography Workshop****Ages:** Grades 2-8*Instructor - Maria Yanoshak*

This wonderful and exciting workshop is designed to encourage students to develop their photography skills in combination with a variety of art forms. Children will learn how to notice, capture, and appreciate the beauty of their surroundings. Together we will explore photographing everyday objects, people, and nature, in unique, funny and artistic ways. Color, lines, forms, shape and texture will help enhance the photos. We will even learn about trick photography! Children will incorporate other forms of visual arts to present their photographs. By viewing and printing selected photographs, children will learn to use digital photography programs. During the course of the workshop students will express their artistic abilities by creating many great projects, such as *Museum of Whacky Snaps* and *What is it?* books, as well as scrapbook pages, cards, journals and gifts for family and friends. At the completion of the workshop, students will leave with a portfolio of their work. Please bring a digital camera and lenses, if you have any, and wear comfortable shoes and clothes as we will be moving around a lot. **Please enter through the Kelley Street parking lot doors near the softball field.** *The instructor is a certified teacher with a*

*love of photography. She has attended numerous workshops and courses and has exhibited her photography at galleries and local libraries.*

**Winter Course # :** B12-12**Fee:** \$65**Day:** Thursdays - 4 sessions**Dates:** January 26-February 16**Time:** 4:00pm-5:30pm**Location:** Middle School-Rm. 104A

(Kelley St. Parking Lot-Door 7)

**ALADDIN - The Musical****Ages:** 7-14*Director - Leslie VanDyk; South Shore School of Performing Arts*

Boys and girls are introduced to the fascinating world of musical theatre during this 8-week workshop. They need not have previous experience in singing, dancing or acting. Every child will enjoy a part in the show! Come to class ready to move your body and stretch your vocal chords - and be prepared to have an action-packed time of creating a live (FREE) performance to entertain families and friends on the last week of the workshop! Costumes and props are optional and may be created by the students themselves.

**Winter Course # :** B13-12**Fee:** \$145**Day:** Wednesdays - 8 sessions**Dates:** January 11-March 7

(No class February 22)

**Time:** 6:00pm-7:30pm**Location:** Memorial School Cafeteria**SPANISH WORLD****Ages:** Grades 1-4*Instructors - Jenny Romero & Ana Karina Rojo*

Introduce your children to a world language by enrolling them in the Spanish World program! The program emphasizes listening and speaking skills with culture integrated into the language. Students will sing, play games, and create art projects all relative to the Spanish culture. A CD and course book are provided and included in the price.

**Winter Course # :** B14-12**Fee:** \$125**Grades 1 & 2: Beginner Level****Day:** Tuesdays - 8 sessions**Dates:** January 24-March 20

(No class February 21)

**Time:** 3:00pm-3:50pm**Location:** McGovern School-Staff Lounge**Grades 1 & 2: Intermediate Level****Day:** Tuesdays - 8 sessions**Dates:** January 24-March 20

(No class February 21)

**Time:** 3:00pm-3:50pm**Location:** McGovern School-Art Room**Grades 3 & 4: Beginner & Intermediate Levels****Day:** Wednesdays - 8 sessions**Dates:** January 25-March 21

(No class February 22)

**Time:** 2:30pm-3:20pm**Location:** Memorial School-Room 124**CHESS FOR KIDS****Ages:** Grades K-4*Instructor - James Della Selva*

Chess is a game that can be approached as a sport, science and art form. Class will consist of instruction and play. Students will study master instructive games and techniques that are designed to improve their game. All students will receive a chess trophy upon completion of the program. Class limited to 12 students.

**Winter Course # :** B15-12**Fee:** \$95**Day:** Saturdays - 7 sessions**Dates:** December 3-January 28

(No class December 24 &amp; 31)

**Time:** 11:30am-12:30pm**Location:** Veterans Memorial Building,

Rm. 130, Rte. 109, Millis

**Winter Course # :** B16-12**Fee:** \$80**Day:** Saturdays - 6 sessions**Dates:** January 14-February 18**Time:** 1:00pm-2:00pm**Location:** Middle School-Rm. 123B

# YOUTH - FITNESS PROGRAMS

## PRESCHOOL KARATE

Instructor - Tom Burke

The focus in this class is to help children improve and develop gross and fine motor skills through the Martial Arts. In this class, we conduct basic stretching and conditioning exercises to improve flexibility, coordination and balance. Children will be taught basic karate punches, kicks and blocks. All techniques will be reinforced weekly using various equipment and fun drills designed to hide repetition and to keep children excited. *The instructor has been working in the Martial Arts for over 20 years. He currently owns and operates his own Martial Arts center in Millis. He teaches students from pre school through adulthood.*

Winter Course #: B6-12

Day: Thursdays - 6 sessions

Time: 12:30pm-1:00pm

Ages: 3 1/2-5

Fee: \$40

Dates: January 12-February 16

Location: Burke School Library  
(Legion Ave. Parking Lot-Door 9)



## KARATE

Instructors - Master Julie Guido & Sensei Christine Howard

Learn the art of Kempo Karate. This six week beginners' course will teach age-appropriate self-defense techniques, as well as important life skills, such as confidence, self-control, and patience. The biggest benefit to karate is that it is an individual sport in which each student works at his or her own pace. The last class will include a test during which the students will demonstrate the skills they have learned during the program. At the conclusion of the test, the students will earn their rank which, depending on their level, will be either a stripe or a belt. *All classes are taught by 7th degree, Master Julie M. Guido and 4th degree, Sensei Christine Howard.*

Winter Course #: B17-12

Day: Fridays - 6 sessions

Time: 4:00pm-4:50pm

Ages: 5-13

Fee: \$60

Dates: January 20-March 2  
(No class February 24)

Location: Burke School Gym

## ADVANCED KARATE

Instructors - Master Julie Guido & Sensei Christine Howard

This course is for students who have previously taken Karate. The advanced course will focus on more difficult age-appropriate self-defense techniques, as well as important life skills, such as confidence, self-control, and patience. The biggest benefit to karate is that it is an individual sport in which each student works at his or her own pace. The last class will include a test during which the students will demonstrate the skills they have learned during the program. At the conclusion of the test, the students will earn their rank which,

Ages: 5-13

depending on their level, will be either a stripe or a belt. *All classes are taught by 7th degree, Master Julie M. Guido and 4th degree, Sensei Christine Howard.*

Winter Course #: B18-12

Day: Fridays - 6 sessions

Time: 4:00pm-4:50pm

Fee: \$60

Dates: January 20-March 2  
(No class February 24)

Location: Burke School Gym

## SUPER SPORTS

Instructors - F.A.S.T. Athletics Staff

Come join the staff of F.A.S.T. Athletics for their popular Super Sports programs which offer a variety of sports each session, such as soccer, basketball, flag football, dodge ball, and kick ball. Each session includes proper stretching and warm-up games, instruction on the basic skills of each sport, and a high-energy game of the sport played that day in a safe and FUN environment. Children in the preschool and kindergarten program will participate in sports geared to their developmental and physical needs. McGovern and Memorial School students must bring a note to school the first week of the program stating the dates they will be staying after school for this program.

**IMPORTANT - PLEASE INCLUDE YOUR CHILD'S TEACHER'S NAME ON YOUR REGISTRATION FORM.**

Winter Course #: B19-12

Ages: Grades Pre K-4

Grades Pre K & K:

Day: Thursdays - 5 sessions

Time: 3:45pm-4:45pm

Fee: \$65

Dates: January 19-February 16

Location: Burke School Gym

Grades 1 & 2:

Day: Mondays - 6 sessions

Time: 3:00pm-4:00pm

Fee: \$75

Dates: January 9-February 27

(No class January 16 & February 20)

Location: McGovern School Gym

Grades 3 & 4:

Day: Thursdays - 6 sessions

Time: 2:30pm-3:30pm

Fee: \$75

Dates: January 12-February 16

Location: Memorial School Gym

## SUPER SPORTS VACATION CAMP

During February Vacation

Instructors - F.A.S.T. Athletics Staff

Join us for three days during your February vacation for tons of fun and fitness with friends and our favorite coaches from FAST Athletics! Their popular Super Sports program will be enhanced with even more games and tournaments. All children will stretch, shoot hoops, play catch, run, and participate in exciting games of hand ball, pillow polo, soccer and dodge ball. Please bring a water bottle, snacks, drinks, and a lunch (peanut-free please).

Winter Course #: B20-12

Days: Tues/Wed/Thurs - 3 sessions

Time: 9:00am-3:00pm

Fee: \$95

Dates: February 21, 22 & 23

Location: Middle School-Old Gym

**INTERESTED IN  
TEACHING A COURSE?**

Call Margery Monahan at  
508-533-3222 X4 for details!

**FOR CLASSROOM LOCATIONS -  
Please refer to page 2 for details**

## GIRLS SOFTBALL SKILLS TRAINING

**Ages:** Grades K-8

*Coordinator - Bob Reagan*

Medway Youth Softball is offering an indoor skills clinic for softball players in Grades K-8. This class will focus on the basic fundamentals of throwing, fielding, and hitting. This course is designed to prepare players, both new and experienced, for the spring season. Please register early due to limited space. Maximum of 12 girls allowed in each age group.

**Winter Course # :** B21-12

### Grades K-3:

**Day:** Tuesdays - 8 sessions

**Time:** 6:00pm-7:00pm

**Fee:** \$75

**Dates:** January 24-March 20  
(No class February 21)

**Location:** McGovern Gym

### Grades 4-6:

**Day:** Thursdays - 8 sessions

**Time:** 6:00pm-7:00pm

**Dates:** January 26-March 22  
(No class February 23)

**Location:** McGovern Gym

### Grades 7-8:

**Day:** Thursdays - 8 sessions

**Time:** 7:15pm-8:15pm

**Dates:** January 26-March 22  
(No class February 23)

**Location:** McGovern Gym

## GIRLS SOFTBALL PITCHING CLINIC

**Ages:** Grades 3-8

*Coordinator - Bob Reagan*

Medway Youth Softball is offering a pitching clinic for youth softball players in Grades 3-8. This clinic is designed to introduce the fundamentals and techniques of fastpitch pitching, as well as reinforce the skills of current pitchers. No prior experience is necessary. All participants must bring their own catcher, such as a parent or friend. Please register early due to limited space. Maximum of 10 girls allowed in this course.

**Winter Course # :** B22-12

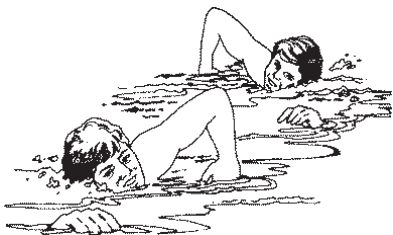
**Day:** Tuesdays - 8 sessions

**Time:** 7:15pm-8:15pm

**Fee:** \$75 - pitcher only

**Dates:** January 24-March 20  
(No class February 21)

**Location:** McGovern Gym



## YMCA SWIMMING LESSONS

**Ages:** 6 mos-3 yrs, 3-5 & 6-12

*Instructors - YMCA Aquatics Staff*

The Franklin YMCA offers swimming lessons in Parent-Child, Pre-school, and Youth levels. To view all class descriptions, dates, times, fees, and number of vacancies in each swim level, please go directly to the Y's self service portal on their website:

- Log onto [www.hockymca.org](http://www.hockymca.org)
- Click on **Sign up for programs**
- Click on **Browse classes**
- Click on **Aquatics**
- Click on **Level**

The Franklin YMCA has made it possible for Community Education registrants to receive the non-member fee for all swim programs without having to pay an annual fee. Please note - the fee is reduced \$13 for Monday classes during the Winter Session and for Sunday classes during the Spring Session 1 due to holidays. Please complete a Community Education registration form and return with pay-

ment; remember to include your child's swim level. Call 774-235-2747 to set-up a free evaluation appointment if you do not know your child's swim level.

**Winter Course # :** B23-12

**Fee:** \$99 for 7 classes (\$86 for 6 classes for holiday schedule)

**Dates:** **Winter Session** - Mon., Jan. 2-Sun., Feb.19 - 7 classes  
(No class Monday, January 16th, for Martin Luther King Day)

**Spring Session 1** - Mon., Feb. 27-Sun., April 15 - 7 classes  
(No class Sunday, March 8th, for Easter Sunday)

**Location:** Franklin YMCA, 45 Forge Hill Road, Franklin



## SKATING LESSONS - Private and Semi-Private

*Instructor - Alison Slack*

Whether you want advanced instruction in figure or hockey skating, or just want to be able to have fun on the ice, you can arrange for private or semi-private lessons to improve your skills. The instructor, Alison Slack, is a U.S. Figure Skating Association double gold medalist with more than 25 years of teaching experience with beginner skaters, competitive figure skaters, and hockey skaters. She is currently teaching group and private lessons at Norfolk, Franklin, Walpole, and Foxboro arenas, and works with local hockey organizations on power skating skills. These lessons are open to all ages (with semi-private lessons determined by age and ability). Lessons are taught at the Norfolk and Franklin Arenas. Please call the instructor directly at (508) 533-4608 to arrange the lesson times and dates. The fee is for 6 one-half hour lessons that may be arranged during the **public, hockey, or free style** sessions.

**Winter Course # :** B24-12

### Fee Payable to Community Education:

*Individual skater:* \$200 for 6 one-half hour lessons

*Two skaters:* \$115 per skater for 6 one-half hour lessons (including "parent/tot" lessons)

*Three to four skaters:* \$85 per skater for 6 one-half hour lessons

### Norfolk Arena Schedule & Arena Fees: \*

Free style session is \$12 per skater per day (due to a limit in the number of skaters on the ice, but multi-session discounts are available), and public/hockey sessions are \$5.00 for children and \$6.00 for adults per day.

### Monday-Friday:

- 9:00am-10:50am - public session (up to 4 students)
- 11:00am-12:50pm - hockey session (with full gear, 1-2 students)
- 1:00pm-2:50pm - public session (up to 4 students)
- 3:00pm-4:50pm - free style session (1-2 students)

### Sunday:

- 1:00pm-2:50pm - public session (1-2 students)

### Franklin Arena Schedule & Arena Fees: \*

Free style session is \$12 per skater per day (due to a limit in the number of skaters on the ice, but multi-session discounts are available).

### Tuesday

- 4:00pm-4:40pm - free style session (1-2 students)

### Saturday

- 10:00am-10:40am - free style session (1-2 students)

\*Please note: Occasional changes are made to the Norfolk and Franklin rink schedules due to holidays, camps, or weather; the arena fees are paid directly to the rinks at the time of each session, separate from the Community Education fee.

# TEENAGE & HIGH SCHOOL PROGRAMS

## DRIVER'S EDUCATION

**Ages:** 15 yrs/9 mos. & up

*Instructor – Driver Training Center*

### Program Information:

We offer three programs to best fit your schedule. All programs meet for five days from 9:00am-3:30pm with a one-half hour lunch break; please bring a lunch each day. DTC is a four-star (highest rating) licensed driving school and has been in business for over 25 years. Our programs meet the required 30 hours of classroom time. Classes fill quickly, so please register early. Personal checks or money orders are accepted for the classroom fee; credit cards are accepted for driving hours.

### Program Overview:

In addition to the classroom time, all students must complete 12 hours of driving instruction and 6 hours of driving observation. Upon completion of the classroom program, please call DTC at 508-528-9510 between 2-5pm to request driving/observation time. Each student will be contacted by his/her driving instructor with driving dates and times. SHOP AND COMPARE — DTC is the least expensive driving program in the area.

### Parent Class Information:

The Registry of Motor Vehicles requires that one parent of all new drivers attends a mandatory two-hour parent class. Several dates are available during the winter months. Please call DTC at 508-528-9510 between 2-5pm for a schedule of dates and to register for the parent class.

### Program Fees:

**\$169** - Classroom Sessions - payable to Medway  
Community Education

**\$289** - First half of driving time - payable to DTC before  
4th classroom session

**\$299** - Second half of driving time - payable to DTC when  
scheduling driving time

### Program 1:

**Winter Course # :** B25-12

**Fee:** \$169

**Days:** Monday-Friday - 5 sessions

**Dates:** December 26-30

**Time:** 9:00am-3:30pm

**Location:** High School-Rm. 113-2

### Program 2:

**Winter Course # :** B26-12

**Fee:** \$169

**Days:** Monday-Friday - 5 sessions

**Dates:** February 20-24

**Time:** 9:00am-3:30pm

**Location:** High School-Rm. 113-2

### Program 3:

**Winter Course # :** B27-12

**Fee:** \$169

**Days:** Monday-Friday - 5 sessions

**Dates:** April 16-20

**Time:** 9:00am-3:30pm

**Location:** High School-Rm. 113-2

## CAR MAINTENANCE

**Ages:** 16 & up

*Instructor - Shawn Lannigan, Long Distance Tire*

This class is a must for young drivers. Join us and learn to care for your "investment" and learn what services are needed. This is a great course for new drivers and anyone who wants to be better educated about how to care for their car and who wants to be familiar with what their mechanic is talking about. You will learn how to change the oil and filter, check all fluids, do tune-ups, change bulbs and fuses, maintain tire safety, and jump-start your car. What to do in an emergency situation and how to save money with car maintenance will also be addressed. Classes are held at Long Distance Tire on Rt. 109 in Medway. Some students' cars will be used for demonstration purposes and will receive free service.

**Winter Course # :** B28-12

**Fee:** \$40

**Day:** Wednesdays - 4 sessions

**Dates:** January 18-February 8

**Time:** 7:00pm-8:30pm

**Location:** Long Distance Tire, Rte. 109

## COLLEGE SEARCH STRATEGIES FOR STUDENTS

**Ages:** Grades 10 & 11

*Instructor - Christa M. Panciocco, CollegeBound Consultant*

This one-night workshop will provide high school students with valuable information on the entire college search process. A CollegeBoundconsultant will share helpful college admission information, as well as how to put together an impressive application package. So take the first step in your college search - join CollegeBound, a local college-consulting service, to learn how to organize your search, prepare your resume, write application essays, obtain the best recommendations, and much more. High school juniors are encouraged to attend this workshop.

**Winter Course # :** B29-12

**Fee:** \$25

**Day:** Wednesday - 1 session

**Date:** March 7

**Time:** 7:00pm-9:00pm

**Location:** High School-Rm. 111-2

## MOCK SAT TESTING

**Ages:** Grade 11

*Instructors - Revolution Prep*

This fully proctored SAT will show students what to expect in a test-like environment and help them become familiar with the test format in the areas of critical reading, math problem-solving and writing skills. Students will be emailed a user ID that they will use to download their score report. Students receive an online score report with a detailed performance analysis, including personalized feedback on the essay. Please register through Community Education. All proceeds received from registrations will benefit the Community Education scholarship fund to help families in need.

**Winter Course # :** B30-12

**Fee:** \$10

**Day:** Saturday - 1 session

**Date:** February 11

**Time:** 9:00am-1:00pm

**Location:** High School-Rm. 109-1

## SAT PREPARATION COURSE

**Ages:** Grades 10 & 11

*Instructors - Chris DuBose and K.C. Potts*

This valuable 6-session course, leading up to the May 5th SAT, has a proven track record for improving students' scores. This course teaches general test-taking techniques and also focuses on student generated responses, comparative reading passages, and essay writing. Students learn techniques for the four verbal question types, the fifteen current math topics, and the ten common error types in the Writing test. Students of any ability will benefit from this SAT course and improve their scores. Be sure to bring a calculator to all sessions. The College Board SAT prep book is given to each student and is included in the cost. *The instructors are Dover-Sherborn High School teachers who have taught this course for over twenty years. They have helped more than one thousand students become more familiar with the SAT test, how to approach it, and how to maximize their abilities.*

**Winter Course # :** D31-12

**Fee:** \$250 Medway Residents

\$275 non-Medway Residents

**Days:** Tues. & Thurs. - 6 sessions

**Dates:** April 10-May 3

(No class April 17 & 19)

**Time:** 6:30pm-9:00pm

**Location:** High School-Rm. 110-1

## REVOLUTION PREP SAT COURSE

**Ages:** High School Students

Getting ready for college? Trying to make the most of all the SAT preparation options? If you plan to take the March 10th or May 5th SAT, then discover why Revolution Prep is a better choice:

- 200-point increase, satisfaction guarantee (250 for the Hybrid course)
- 6-three hour classroom lectures and 5 full-length practice exams - an intensive 50-hour program
- Engaging, knowledgeable instructors
- Customized homework assignments
- Personalized feedback on your essays
- Online access to test scores and detailed analysis
- NEW! 2 live online booster classes included in group course (each course is valued at \$149!). These classes can be taken at any time (they do not expire), and there are 22 subjects to choose from - AP exams, SAT subject tests, and College Applications, plus much more. **Private**

**Tutoring** is available for students with extremely busy schedules and for those who prefer 1-on-1 preparation. Need-based scholarships are available. Contact Revolution Prep for details.

**Fee:** Group Class - \$499                      Hybrid Class - \$799

**To Register:** • Call 1-877-REV-PREP / 1-877-738-7737

- Visit [www.revolutionprep.com](http://www.revolutionprep.com)

### Schedule leading up to the March 10th SAT

Date	Day	Time	Meeting	Location
January 21	Saturday	9:00am-1:00pm	Exam 1	HS 111-1
January 24	Tuesday	6:00pm-9:00pm	Class 1	HS 111-1
January 28	Saturday	9:00am-1:00pm	Exam 2	HS 111-1
January 31	Tuesday	6:00pm-9:00pm	Class 2	HS 111-1
February 4	Saturday	9:00am-1:00pm	Exam 3	HS 111-1
February 7	Tuesday	6:00pm-9:00pm	Class 3	HS 111-1
February 11	Saturday	9:00am-1:00pm	Exam 4	HS 111-1
February 14	Tuesday	6:00pm-9:00pm	Class 4	HS 111-1
February 28	Tuesday	6:00pm-9:00pm	Class 5	HS 111-1
March 3	Saturday	9:00am-1:00pm	Exam 5	HS 111-1
March 6	Tuesday	6:00pm-9:00pm	Class 6	HS 111-1

### Schedule leading up to the May 5th SAT

Date	Day	Time	Meeting	Location
March 17	Saturday	9:00am-1:00pm	Exam 1	HS 111-1
March 22	Thursday	6:00pm-9:00pm	Class 1	HS 111-1
March 24	Saturday	9:00am-1:00pm	Exam 2	HS 111-1
March 29	Thursday	6:00pm-9:00pm	Class 2	HS 111-1
March 31	Saturday	9:00am-1:00pm	Exam 3	HS 111-1
April 5	Thursday	6:00pm-9:00pm	Class 3	HS 111-1
April 7	Saturday	9:00am-1:00pm	Exam 4	HS 111-1
April 12	Thursday	6:00pm-9:00pm	Class 4	HS 111-1
April 26	Thursday	6:00pm-9:00pm	Class 5	HS 111-1
April 28	Saturday	9:00am-1:00pm	Exam 5	HS 111-1
May 3	Thursday	6:00pm-9:00pm	Class 6	HS 111-1

**The Community Education Department is looking for talented, experienced instructors for future programs. Please call the Director, Margie Monahan, at 508-533-3222 X4 if you are interested.**

## KAPLAN TEST PREP COURSE - SAT

**Ages:** Grades 11 & 12

For high school students planning to take the May 5th SAT, enroll in Kaplan's 10-session SAT prep course. Kaplan will guarantee you score higher on the SAT or your money back. Kaplan teachers will teach the proven methods, strategies, and content that will increase student's scores. In addition, students will have access to **Smart Track, an online guide to a wide array of learning tools.** Kaplan teachers personalize the prep by meeting students at their skill level and engaging them in the just-right content that will get them the most points on Test Day. Kaplan offers unmatched expertise and guaranteed results. This 10-session course includes 18 hours of instruction, 4 full-length practice tests, and Kaplan's print and online study materials. Medway residents receive a special discounted "partnership price" of \$549 (nationally priced at \$599), payable in three installments of \$183. Kaplan also offers private tutoring for the SAT and ACT (10% discount for Medway students), and College Prep Advantage for students planning on taking multiple exams or for those with busy schedules.

**Fee:** Group Class - \$549 or 3 installments of \$183

**To Register:** • Call 1-800-KAPTEST

• Visit [www.kaptest.com/college](http://www.kaptest.com/college)

### Course # SAKC12654 schedule leading up to May 5th SAT

Date	Day	Time	Meeting	Location
February 14	Tuesday	5:30pm-10:00pm	Test 1	HS 107-1
February 28	Tuesday	6:00pm-9:00pm	Lesson 1	HS 107-1
March 6	Tuesday	6:00pm-9:00pm	Lesson 2	HS 107-1
March 13	Tuesday	5:30pm-9:30pm	Test 2	HS 107-1
March 20	Tuesday	6:00pm-9:00pm	Lesson 3	HS 107-1
March 27	Tuesday	6:00pm-9:00pm	Lesson 4	HS 107-1
April 3	Tuesday	5:30pm-9:30pm	Test 3	HS 107-1
April 10	Tuesday	6:00pm-9:00pm	Lesson 5	HS 107-1
April 24	Tuesday	5:30pm-9:30pm	Test 4	HS 107-1
May 1	Tuesday	6:00pm-9:00pm	Lesson 6	HS 107-1

### Course # SAKL12690 schedule leading up to May 5th SAT

Date	Day	Time	Meeting	Location
March 4	Sunday	9:00am-1:30pm	Test 1	HS 107-1
March 8	Thursday	6:00pm-9:00pm	Lesson 1	HS 107-1
March 15	Thursday	6:00pm-9:00pm	Lesson 2	HS 107-1
March 18	Sunday	9:00am-1:00pm	Test 2	HS 107-1
March 22	Thursday	6:00pm-9:00pm	Lesson 3	HS 107-1
March 29	Thursday	6:00pm-9:00pm	Lesson 4	HS 107-1
April 1	Sunday	9:00am-1:00pm	Test 3	HS 107-1
April 5	Thursday	6:00pm-9:00pm	Lesson 5	HS 107-1
April 22	Sunday	9:00am-1:00pm	Test 4	HS 107-1
April 26	Thursday	6:00pm-9:00pm	Lesson 6	HS 107-1

## ADULT - FITNESS

### AN AFTERNOON OF BALLROOM DANCING

*Instructor - Giancarlo Costa*

Let's dance! Join us for an entertaining and enjoyable afternoon of ballroom dance instruction and exhibition. Renowned professional dance instructor Giancarlo Costa will guide dancers through smooth ballroom dances, such as the Foxtrot, Waltz, Tango, and the Viennese Waltz, as well as through rhythm dances, including Jive, Swing, Salsa, and Rumba. Giancarlo and his dance partner will also perform exhibition dances for your viewing pleasure. Whether you are new to the world of dance or want to perfect your dancing skills, join us for a wonderful afternoon of music, song, and dance. Light refreshments will be served. *Our instructor has been a professional dancer and instructor in Europe and America for over 30 years. He is a member of the National Dance Council of America.*

**Winter Course # :** B32-12

**Fee:** \$40/person or \$65/couple

**Day:** Sunday - 1 session

**Date:** January 29

**Time:** 1:00pm-4:00pm

**Location:** Middle School Cafeteria



### GET FIT WITH BELLYDANCE

*Instructor - Thalia del Fuego*

In this multi-level class, women will learn/review basic isolation moves of the hips, chest, arms, hands and shoulders. Several traveling steps, spins and turns will be featured in the class. Steps will be combined into combinations, and ultimately, into a full dance routine. Intermediate students will polish their technique and learn to layer moves together. Come prepared to move; this class will be a workout! Tips on stage presence and good performance techniques are also featured in every class. *Thalia is well-known in the region for the warm and welcoming atmosphere in her classes and for her upbeat teaching style. She is a certified personal trainer and a certified yoga teacher. Her knowledge of body mechanics, coupled with years of studying dance, provides the background for her focus on proper body alignment, good breathing technique and injury prevention. Thalia's DVD review column is featured in every issue of Zaghareet magazine, a bellydance publication with nation-wide circulation.*

**Winter Course # :** B33-12

**Fee:** \$65

**Day:** Fridays - 6 sessions

**Dates:** January 20-March 2

(No class February 24)

**Time:** 6:45pm-8:00pm

**Location:** Burke School Gym



**FOR CLASSROOM LOCATIONS -  
Please refer to page 2 for details**

### HULA HOOP DANCE: A Cardio Workout

*Instructor - Kat Suwalski*

Learn to unleash your inner child with cardio based hula hooping! It is an exciting way to broaden your workout while creating a healthy body and mind. Hooping conditions your core, works on proper body alignment, boosts flexibility and stability, and lowers stress with an exhilarating aerobic total body weight loss workout. No prior hooping experience is required - wear exercise clothes, bring a water bottle and an open mind, and watch as you laugh your way to a "new" you. Hoops are provided and are available for purchase. *The instructor is a personal trainer, teaches Russian Kettle Bells and Hooping at Gold's Gym in Milford. Her infectious passion for health and fun gives this 1960's pastime a thrilling face lift! Visit her at [www.facebook.com/madkathoops](http://www.facebook.com/madkathoops).*

**Winter Course # :** B34-12 **Fee:** \$65  
**Day:** Tuesdays - 8 sessions **Dates:** January 10-March 6  
(No class February 21)  
**Time:** 7:30pm-8:30pm **Location:** McGovern School Cafeteria



### ZUMBA GOLD

*Instructor - Paula O'Malley*

Have you heard about the Zumba craze but been a little unsure what it is all about? Zumba Gold is a lively and energetic exercise program designed for beginners, as well as all Zumba enthusiasts! You will burn calories, tone your body, and receive a great cardio workout, all while "dancing" to invigorating and easy-to-follow routines set to lively music. Ditch the workout and join the party with new songs and routines set at a beginner's pace. Limited to 25 participants; please pre-register. *Paula O'Malley is a Certified Zumba Instructor and has been teaching dance for over 25 years. She has been sharing her love of dance at her own studio in Medway for the past 18 years.*

**Winter Course # :** B35-12 **Fee:** \$90  
**Days:** Mon. & Wed. - 12 sessions **Dates:** January 9-February 27  
(No class January 16, February 20 & 22)  
**Time:** 7:30pm-8:30pm **Location:** Paula O'Malley Dance Studio  
Medway Plaza, Rte. 109



### EVENING BOOT CAMP

*Instructor - Melanie Greeley; ACE Certified Personal Trainer*

Join us in this highly-energetic class where you will have fun while getting fit! You will burn calories and train your muscles with creative exercises and positive motivation. Cardio and strength-training exercises will change each week so you will never feel bored. The instructor will track your progress from the first class to the last class to see how much your fitness level has advanced! Please bring a yoga mat to class.

**Winter Course # :** B36-12 **Fee:** \$100  
**Days:** Tues. & Thurs. - 16 sessions **Dates:** January 10-March 8  
(No class February 21 & 23)  
**Time:** 7:15pm-8:15pm **Location:** Burke School Gym

### CARDIO MUSCLE CONDITIONING & STRENGTH TRAINING

*Instructor - Patrice Dwyer*

Get ready for the next phase of the fitness revolution! This exciting fitness program challenges every major muscle group and enhances overall athletic performance, with exercises similar to the popular fitness series P90X. Both Monday and Wednesday classes start with a cardio segment followed with muscle conditioning and finishing with a relaxing stretch and brief meditation phase. The Wednesday class also includes a circuit training portion, focusing on exercises similar to the P90X program. Modifications are shown for different fitness levels. Join us and take your fitness to the next stage! Please bring handheld weights, a mat, and a water bottle.

**Winter Course # :** B37-12 **Fee:** \$75  
**Days:** Mon. & Wed. - 16 sessions **Dates:** January 9-March 12  
(No class January 16, February 20 & 22)  
**Time:** 6:30pm-7:30pm **Location:** Burke School Gym



### WOMEN, YOGA & HEALTH

*Instructor - Siri Krishna Khalsa*

This is an 8-week course designed for women only. Kundalini yoga classes are a dynamic blend of postures, pranayam, mantra, music and meditation, which teach you the art of relaxation, self-healing and elevation. Wear comfortable clothing and bring a mat or towel to class. *The instructor is KRI certified and has been teaching since 1976.*

**Winter Course # :** B38-12 **Fee:** \$78  
**Day:** Tuesdays - 8 sessions **Dates:** January 10-March 6  
(No class February 21)  
**Time:** 6:30pm-7:45pm **Location:** Medway Public Library  
(Lower level)

**INTERESTED IN  
TEACHING A COURSE?**  
Call Margery Monahan at  
508-533-3222 X4 for details!

## LADIES SNOWSHOE/TREK

*Instructor - Nanci Cahalane*

Join this invigorating six-week class for the physically fit hiker! Embrace this time of the year hiking on serene trails during the winter months. Freshly fallen snow only adds to the magic! Plus, you can burn up to 1000 calories an hour on hilly terrain! Join other women and hike or snowshoe (your choice) in our wonderful local parks. Every week we will meet at a new location; a list will be given out. Class is cancelled only for very inclement weather. Note: If conditions are icy, "ice cleats" on shoes are strongly recommended. They are available at Bass Pro Shop, L.L. Bean, and Walmart. **Please include your email address when registering** so that we may email directions for the first week location at the F. Gilbert State Forest in Foxboro.

**Winter Course # :** B39-12

**Session 1:** **Fee:** \$30

**Day:** Thursdays - 6 sessions **or** **Dates:** January 5-February 9 **or**  
Saturdays - 6 sessions January 7-February 11

**Time:** 9:45am-11:00am **Location:** F. Gilbert State Forest, Foxboro

**Session 2:** **Fee:** \$30

**Day:** Thursdays - 6 sessions **or** **Dates:** March 1-April 5 **or**  
Saturdays - 6 sessions March 3-April 7

**Time:** 9:45am-11:00am **Location:** F. Gilbert State Forest, Foxboro

## AQUA AEROBICS

*Instructors - YMCA Aquatics Staff*

This 45-minute low-impact fitness class is gentle on the joints. This water workout is designed to improve cardiovascular endurance and increase muscular strength by incorporating activities of various intensities in both the shallow and the deep end of the pool. We meet three times a week.

**Winter Course # :** B40-12 **Fee:** \$125

**Days:** Mon., Wed. & Fri. - 20 sessions **Dates:** Jan. 2-Feb. 17  
(No class Jan. 16) **or**

**Time:** 8:00am-8:45am **or** February 27-April 13  
10:45am-11:30am **Location:** Franklin YMCA  
45 Forge Hill Road, Franklin

## KARATE

*Instructor - Al Genis*

This is a 9-week course in Traditional Okinawan Uechi-Ryu Karate taught by a 6th degree black belt and Master Instructor. Uechi-Ryu Karate training provides optimal stress reduction with a physical form of meditation. Each student pursues individual goals at his/her own pace, whether it is physical conditioning or self-defense. Uechi-Ryu training has immediate application to sports, business and personal growth. Men and women are invited to train; no one under 14 years of age. This class is for beginner and advanced students. **We strongly encourage all participants to pre-register before the first class.**

**Winter Course # :** B41-12 **Fee:** \$110

**Days:** Mon. & Wed. - 18 sessions **Dates:** January 9-March 19  
**Time:** 6:00pm-7:30pm (No class January 16, February 20 & 22)

**Location:** McGovern School Gym

## CO-ED VOLLEYBALL

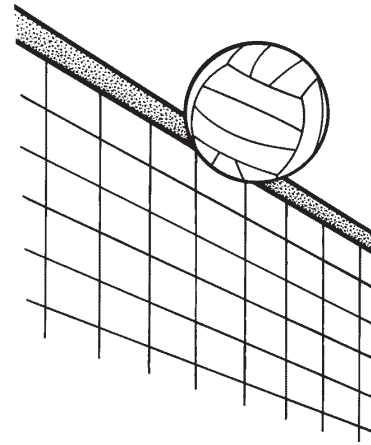
*Coordinators - Jason Hebler & Mike Bradford*

Join us in this fun, non-competitive volleyball program. Players will be assigned to a team for a semester of enjoyable, recreational volleyball. Passing and team play are emphasized to ensure that everyone has fun, regardless of skill level. The last class will be a fun tournament where you might win a highly coveted T-shirt! **We strongly encourage all participants to pre-register before the first class.**

**Winter Course # :** B42-12 **Fee:** \$85

**Day:** Wednesdays - 14 sessions **Dates:** January 4-April 11  
**Time:** 7:00pm-9:00pm (No class February 22)

**Location:** Middle School-Old Gym



## INTERMEDIATE CO-ED VOLLEYBALL

*Coordinators - Wally Wenzel & Bob Hudon*

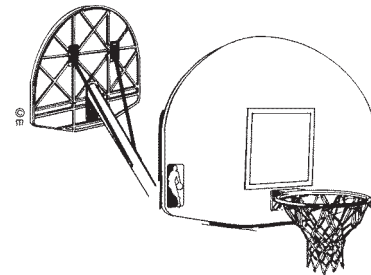
Have you ever wanted to get back into the competitive game of volleyball? Here is your chance! This class is for those who have had experience and have a good basic knowledge of the game. Play on a full court using USVBA rules. Tryouts are on the first night. We offer this class on two nights. You may sign-up for one night or receive a discount for two nights. **We strongly encourage all participants to pre-register before the first class.**

**Winter Course # :** B43-12 **Fee:** \$85/one night or \$160/two nights

**Day:** Mondays - 14 sessions **Dates:** January 9-April 30  
**and/or** (No class Jan. 16, Feb. 20 & Apr. 16)

Thursdays - 14 sessions January 12-April 26  
**Time:** 7:00pm-9:30pm (No class Feb. 23 & Apr. 19)

**Location:** Middle School-Old Gym



## MEN'S TUESDAY NIGHT BASKETBALL

*Coordinator - Dave Budka*

If you love to play the game of basketball and want to get some exercise, join us and play in this non-competitive setting. You will have the opportunity to play in many games during this 2 1/2 hour program. Bring water, a towel, and a light and dark shirt. You will work-up quite a sweat! **All participants must pre-register.** Limit 20 participants.

**Winter Course # :** B44-12 **Fee:** \$75

**Day:** Tuesdays - 12 sessions **Dates:** January 10-April 3  
(No class February 21)

**Time:** 7:00pm-9:30pm **Location:** Middle School-Old Gym

## MEN'S INDOOR SOCCER

*Coordinator - Mike O'Rourke*

Participants will play pick-up indoor 6v6 soccer on a gym floor surface. Shin guards and sneakers are required. Net will be provided. Space is limited to the first 20 players who register. Players should be prepared to play four to five ten-minute games. Basic knowledge of soccer is recommended.

**Winter Course # :** B45-12 **Fee:** \$65

**Day:** Sundays - 10 sessions **Dates:** January 8-March 11  
**Time:** 7:00am-9:00am **Location:** Middle School-Old Gym

# ADULT - WELLNESS, HOME & LEISURE

## HEARTSAVER PEDIATRIC FIRST AID & CPR

*Instructor - Juanita Allen; Century Health Systems*

The Heartsaver Pediatric First Aid course, taught under the guidelines of the American Heart Association, is designed for anyone who may need to respond to a first-aid emergency. This course teaches participants how to handle injuries and manage illness in the first few minutes until help arrives. The six modules covered in this course are First Aid Basics, Medical Emergencies, Injury Emergencies, Environmental Emergencies, Adult CPR, and Pediatric CPR. This course meets the requirements of coaches, children's sports organizations, Scout leaders, child care providers, teachers, foster care workers, camp counselors, youth organizations, babysitters, and parents. Certification is good for two years.

**Winter Course # :** B46-12

**Fee:** \$85

**Day:** Wednesday - 1 session

**Date:** February 29

**Time:** 6:00pm-9:30pm

**Location:** Memorial School-Rm. 124



## COUPON CUTTING = BIG SAVINGS

*Instructor - Amy Wenson*

Do you want to learn simple ways to save 40% to 60% off of your grocery bill? In these economically difficult times, learn how to save hundreds of dollars and still feed your family healthy and delicious meals. Also, you will learn how it is possible to donate food items to local food pantries at little or no cost to you! Clipping coupons is not as much work as you may think. Your savings will be huge, and after saving one time, you will be hooked! The class will address coupon vocabulary and policies, where to find the most lucrative coupons, and some tricks to make your coupons save you even more money. Details on how to join a coupon club will also be addressed. **Please bring your Sunday coupon inserts and a pair of scissors to the class.** All proceeds received from registrations will benefit the Community Education scholarship fund to help families in need.

**Winter Course # :** B47-12

**Fee:** \$10

**Day:** Thursday - 1 session

**Date:** January 26

**Time:** 2:30pm-3:30pm

**Location:** Middle School-Rm. 123B



**Winter Course # :** B48-12

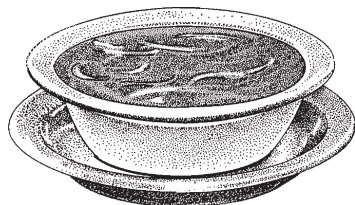
**Fee:** \$10

**Day:** Wednesday - 1 session

**Date:** February 1

**Time:** 7:00pm-8:00pm

**Location:** Middle School-Rm. 123B



## COOKING PRIMER SERIES

*Instructor - Chef John Croatti*

Chef John Croatti from *Croatti's Catering and First Class Functions* at The Adirondack Club presents his Cooking Primer series suitable for those comfortable in the kitchen, as well as for those asking "Where's the kitchen?" If you are done taking "lumps" for your gravy, "vegging out" over vegetables, and "wrestling" with your roast, then join us for three nights of cooking as you expand your culinary horizons. This course is segmented into three classes that can be taken individually or as a series.



**Class 1 - Stocks, Soup and Sauces** - The foundations of every great meal: Chef John will demonstrate the methods and provide recipes enabling novices, as well as those more comfortable in the kitchen, to produce more flavorful meals, tastier homemade soups, and velvety sauces with confidence and ease.

**Class 2 - Vegetables, Pastas and Side Dishes** - Chef John will demonstrate and provide recipes for creative ways to "finish off" all of your plates...with time-saving tips and chef-tested techniques. From weeknight dinners to holidays and special events, you will gain the confidence and knowledge to make the most of every meal.

**Class 3 - Fish, Meat and Poultry** - How to choose and grill a superb steak, roast perfect poultry, and prepare foolproof fish will be demonstrated and discussed in this class. Chef John will provide recipes, examples and insights with tips and techniques to get everyone roasting, braising, and grilling with ease. Your center of the plate will be the center of attention.

**Winter Course # :** B49-12

**Fee:** \$95 - 3 classes or Class 1-\$35,

Class 2-\$35, Class 3-\$39

**Day:** Wed. -1 or 3 session(s)

**Dates:** Jan. 18, Feb. 1, and/or Feb. 15

**Time:** 7:00pm-9:00pm

**Location:** The Adirondack Club

800 Chestnut St., Franklin



## INTRODUCTION TO BREAD BAKING:

### Sandwich Loaves and French Baguette

*Instructor - John Scott Smith*

Do you love the sweet smell of bread baking? Join us to learn to make homemade bread in your own oven! Medway home baker, John Scott Smith, will walk you through making the best-tasting sandwich bread you have ever eaten, and then move on to teach

you to bake your first loaves of traditional French bread with only four ingredients - water, flour, salt, and yeast. Covered in this class will be measuring and scaling your ingredients, proper mixing, kneading, shaping, baking, and cooling to get consistent results every time you go into the kitchen. Ready to take your baking up to the next level? Make sure to also enroll in "Advanced Bread Baking" to further hone your skills! Please enter through the Kelley Street parking lot doors near the softball field. *Our instructor began baking breads four years ago. While fond of all types, his focus has been lean, slack-dough breads like ciabatta, French country bread, and Pane Genzanese. John lives in Medway with his wife and their two sons.*

**Winter Course # :** B50-12

**Fee:** \$25

**Day:** Tuesday - 1 session

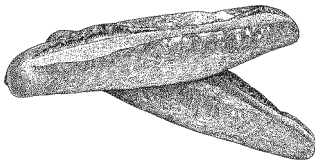
**Date:** February 7

**Time:** 6:30pm-8:00pm

**Location:** Middle School - Rm. 108A

(Kelley St. Parking Lot - Door 7)

**FOR CLASSROOM LOCATIONS -  
Please refer to page 2 for details**



**ADVANCED BREAD BAKING:  
Ciabatta and French Country Bread**

*Instructor - John Scott Smith*

Ahhh - the sweet smell of bread baking! Most home bakers want to try the more challenging to make (and delicious to eat!) "wet" dough breads, like Italian ciabatta and French country bread. Now it's your turn! Come out to learn how to confidently turn these loose doughs into better breads than you will find at most bakeries. Medway home baker, John Scott Smith, will walk you through kneading wet dough, the "stretch and fold" technique to further develop gluten, shaping, and then your loaves. Bring an appetite as we will be tasting samples and discussing some of the finer points of bread baking, together. Please enter through the Kelley Street parking lot doors near the softball field. *Our instructor began baking breads four years ago. While fond of all types, his focus has been lean, slack-dough breads like ciabatta, French country bread, and Pane Genzanese. John lives in Medway with his wife and their two sons.*

**Winter Course # :** B51-12

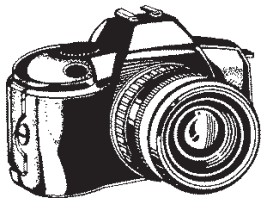
**Fee:** \$25

**Day:** Tuesday -1 session

**Date:** March 6

**Time:** 6:30pm-8:00pm

**Location:** Middle School - Rm. 108A  
(Kelley St. Parking Lot - Door 7)



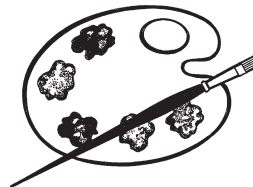
**IT'S NOT ABOUT THE CAMERA:**

**Capturing Better Photos**

*Instructor - Lisa Sheehan*

If you have a digital camera then you may have experienced that moment when you have taken a picture and realize it doesn't look like you imagined it would. Or perhaps you've seen a photo that someone else has taken and want your photos to look "just like that!" Or maybe you get frustrated with images that are slightly blurry in all the wrong places. This six-week workshop is designed to help you use the tools you have (your digital camera) to take the best photos you can. Over the course of the workshop, we will explore both the technical aspects of digital imaging as well as artistic elements. Some topics to be covered will be:

- the difference between digital point & shoot and SLR (single lens reflex) cameras
- how a digital camera sensor works and why it matters
- different shooting modes and how/when to use them
- how your camera makes an image: the exposure basics
- it's all about light: learning how to see and use the light you have
- getting your shots to look great: the basics of composition
- everyday snapshots: telling a story with your photos
- what happens after you shoot: handling your digital files out of the camera



**FUN WITH WATERCOLOR**

*Instructor - Lavonne Suwalski*

Join us and our talented, professional instructor and learn to paint with a free colorful style that makes watercolor user-friendly. Explore different approaches to painting that encompasses a variety of basic and advanced techniques. Make your painting more vibrant using transparent colors, bold darks, and glowing lights. All levels of painters are welcome, from beginners to accomplished artists. Beginners learn from a clear teaching technique. Experienced painters enjoy the freedom of expression and focus on composition. Demonstrations begin each class, followed by time to work on your own project.

**Please include your email address when registering so that a brief supply list can be sent before the first class.** *The instructor shares her knowledge with enthusiasm and humor. She is an accomplished artist and teacher, and her cable TV show, Time For Painting, can be seen on local channels.*

**Winter Course # :** B54-12

**Fee:** \$80

**Day:** Thursdays - 6 sessions

**Dates:** January 12-February 16

**Time:** 7:00pm-9:00pm

**Location:** High School-Rm. 016-3  
(Lower level)

**FOR CLASSROOM LOCATIONS -  
Please refer to page 2 for details**

# ADULT - COMPUTERS & TECHNOLOGY

## THE iPad - LEARN THE iBASICS

*Instructor - Eileen Kalukin*

The iPad is the coolest thing to hit the computing world in years! Do you have an iPad but don't know how to use all the features? Are you curious about how to get the most out of it? Come to this class and we will unlock all the power and the fun of the iPad tablet. Learn to navigate through the screens, settings and programs. Discover the tools that come with the iPad to manage your photos, listen to your favorite music, read the latest books and get directions anywhere. Search and download the most popular apps and learn how to keep your iPad synched and up to date. Students must bring their own iPad to class.

**Winter Course # :** B55-12

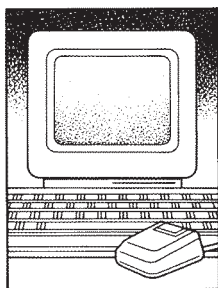
**Fee:** \$40

**Day:** Thursdays - 2 sessions

**Dates:** January 19 & 26

**Time:** 7:00pm-9:00pm

**Location:** High School-Rm. 111-2



## INTRO TO COMPUTERS - WRITING, SURFING & TWEETING

*Instructor - Eileen Kalukin*

Do you want to be connected but feel that you do not know your way around the computer? Come to this class to learn the basics of using your computer to create documents and emails, surf the Internet, and use social media to communicate. This class teaches the basics so you will feel comfortable using any computer, and also offers time to practice and ask questions.

**Session 1** - we will use Microsoft Word to create, format and print documents; use email to create, send/receive emails, and work with attachments; learn how to organize files and folders on your PC.

**Session 2** - we will "surf the net" using Internet Explorer and different search engines; set-up a home page and bookmark our favorite sites; learn how to send links to pages that contain articles or information we want to share.

**Session 3** - we will explore social media; discuss the latest ways people are communicating using their PCs; explore popular sites such as Facebook, Twitter, and LinkedIn; learn how to set-up an account, join groups, read and respond to information. We will go off-site to a local establishment for Session 3.

**Winter Course # :** B56-12

**Fee:** \$75

**Day:** Thursdays - 3 sessions

**Dates:** February 2, 9 & 16

**Time:** 6:30pm-8:30pm

**Location:** Middle School-Rm. 104A

## HOW TO GET THE MOST OUT OF YOUR HOME MOVIES

*Instructor - Samantha McLaughlin*

Here is your chance to take that cluttered mess of home videos and condense it! Learn how to capture your video in our Mac lab and then edit it yourself. We accept VHS and Mini DV tapes only. This is an editing course and not a course to be used to personally convert tapes. We will supply all DVDs and materials needed for the course. Thank you to Medway Cable Access for offering this course at no

charge. All proceeds received from registrations will benefit the Community Education scholarship fund to help families in need.

**Winter Course # :** B57-12

**Fee:** \$10 - class limit of 8

**Day:** Wednesdays - 4 sessions

**Dates:** January 25-February 15

**Time:** 6:00pm-8:00pm

**Location:** High School Cable Studio



## PUTTING YOUR DIGITAL PHOTOS TO MUSIC

*Instructor - Samantha McLaughlin*

If you have digital photos that you would like to put on a CD with music, then this is your chance! Bring your photos, on a CD or USB drive, to class, and you will be amazed at how quickly you will turn ordinary photos into a story of memories. This is a hands-on class, and you will be at your own editing station. Thank you to Medway Cable Access for offering this course at no charge. All proceeds received from registrations will benefit the Community Education scholarship fund to help families in need.

**Winter Course # :** B58-12

**Fee:** \$10 - class limit of 8

**Day:** Thursdays - 4 sessions

**Dates:** January 26-February 16

**Time:** 6:00pm-7:00pm

**Location:** High School Cable Studio

## MICROSOFT WORD

*Instructor - Steven Stern*

This course will cover the basic word processing techniques - creating, naming, saving, opening, closing, editing, and printing documents. Selecting, formatting, cutting, copying, pasting, and deleting text, as well as working with columns, spell checking, and email attachments will also be covered. The skills learned in this class can be used with any word processing program. For students wishing to take more than one of Steven Stern's classes, you may deduct \$5 off of each course fee.

**Winter Course # :** B59-12

**Fee:** \$45

**Day:** Tuesday - 1 session

**Date:** January 17

**Time:** 6:30pm-9:30pm

**Location:** Middle School-Rm. 104A

## INTRO TO MICROSOFT EXCEL

*Instructor - Steven Stern*

Learn to use Microsoft Excel to quickly and easily organize personal, financial, and business information. Create budget and expense sheets, address books, household inventories, recipe lists, music and video collections, and much more. The skills learned in this class can be used with any other spreadsheet program. If you do not have Excel at home, you will be given instructions on how to download a free compatible program. BASIC MOUSE AND KEYBOARD SKILLS REQUIRED. The instructor highly recommends also taking the Intermediate Excel class to achieve a level of knowledge that would be desired by an employer. For students wishing to take more than one of Steven Stern's classes, you may deduct \$5 off of each course fee.

**Winter Course # :** B60-12

**Fee:** \$45

**Day:** Tuesday - 1 session

**Date:** January 24

**Time:** 6:30pm-9:30pm

**Location:** Middle School-Rm. 104A





### INTERMEDIATE MICROSOFT EXCEL

*Instructor - Steven Stern*

This class is for those that have taken Introduction to Microsoft Excel

or understand the fundamentals of Microsoft Excel and wish to go beyond the basics. The class will teach you to create Excel spreadsheets much faster and easier than you learned in the intro class. Topics will include working with formulas, worksheets, graphs, and charts. Formatting, sorting, automating, and sending Excel documents as an e-mail attachment will also be covered. This class is as easy as the intro class. Great for resumes! For students wishing to take more than one of Steven Stern's classes, you may deduct \$5 off of each course fee.

**Winter Course # :** B61-12

**Fee:** \$45

**Day:** Tuesday - 1 session

**Date:** January 31

**Time:** 6:30pm-9:30pm

**Location:** Middle School-Rm. 104A

## ADULT - BUSINESS & FINANCE

### OVERCOMING PERSONAL ROADBLOCKS TO CAREER SUCCESS



*Instructor - Kim Meninger; Great Heights Coaching*

Are you struggling to find work? Are you interested in making a career change, but unsure how to make the leap? Would you like to advance in your current career, but feel stagnant? Personal roadblocks, such as lack of clarity, fear, and limiting beliefs, may be getting in your way. Learn how to address these challenges and achieve greater career success. *The instructor is a certified career coach and founder of Great Height Coaching. Prior to coaching, Kim worked for two years in alliance management at Monster Worldwide and nine years in partner management at EMC Corporation. She holds a BA in Psychology and an MBA from Boston College.*

**Winter Course # :** B62-12

**Fee:** \$20

**Day:** Wednesday - 1 session

**Date:** February 1

**Time:** 7:00pm-9:00pm

**Location:** High School-Rm. 111-1

*Funding Advisors for over seven years, helping Greater Boston Area families navigate through the complicated financial aid system.*

**Winter Course # :** B63-12

**Fee:** \$25/person or \$35/couple

**Day:** Thursday - 1 session

**Date:** March 1

**Time:** 7:00pm-9:00pm

**Location:** High School-Rm. 111-2

### WHAT PARENTS NEED TO KNOW: STARTING THE COLLEGE SEARCH

*Instructor - Christa M. Panciocco, CollegeBound Consultant*

Applying and gaining acceptance to college in today's competitive market creates stress and anxiety for both students and their parents. Parents are often confused about the many steps their child needs to take in the process of applying to college. This workshop will take parents through the college search and application process from start to finish. Join CollegeBound, a local college consulting service with over 15 years of experience in higher education, to learn strategies for organizing your child's college search. We will address the importance of researching schools, making college visits, submitting applications (early action and early decision), and what colleges look for in an applicant. Parents will leave this workshop with a clear understanding of the college application process from their child's junior year through senior year of high school. Senior parents - it isn't too late to pick up some helpful tips!

**Winter Course # :** B64-12

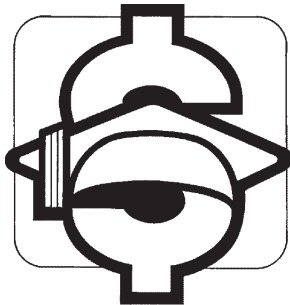
**Fee:** \$25/person or \$35/couple

**Day:** Wednesday - 1 session

**Date:** February 8

**Time:** 7:00pm-9:00pm

**Location:** High School-Room 111-2



### MAXIMIZE YOUR COLLEGE FINANCIAL AID

*Instructor - Dick Man; College Funding Advisors*

This one-night workshop is a must for all parents of college-bound high school students, especially freshmen and sophomore parents. We will demystify the college financial aid process and teach you how to access the more than \$90 billion in financial aid dollars, monies that are even available to "high" income families and business owners. Strategies will be presented that will help you protect your assets by maximizing your eligibility for aid, effectively lowering your college costs. You will learn the optimum time to set the strategies in place (Hint, best before Junior year) and why, if you wait until the financial aid deadline to file your forms, you may miss out on the full amount of aid you qualify for. You will also learn how to maximize the equity in your home. A free comprehensive analysis will be provided for those attending the class. *The instructor has been with College*



# TRIPS



## A DAY IN NEW YORK CITY

Join us for a great day of shopping, sightseeing, and dining in downtown Manhattan! Shop on 5th Avenue and browse through numerous designer and upscale stores. Sightsee at some of New York's most exciting and meaningful sights. Dine at one of the many world famous restaurants the city has to offer. Experience cuisine that will pique even the most discriminating palette.

**Winter Course # :** B65-12    **Fee:** \$58 luxury coach transportation

**Day:** Saturday

**Date:** April 28

**Time:**

- departing Middle School parking lot at 6:30am
- leaving NYC at 6:30pm
- returning at approximately 10:30pm



## FOXWOODS RESORT & CASINO

Off we go again! Back by popular demand, our Foxwoods trip promises to be a lot of fun for you and your friends at an incredible price! This trip includes luxury Motor Coach transportation, as well as dinner and betting coupons worth \$25. You will receive a free buffet dinner coupon valued at \$15, or a meal coupon valued at \$10 good at any other dining spot of your choice, and \$10 in Keno Quick-Pick coupons. Foxwoods is the largest casino in the country, so join us for dining, shopping, and, hopefully, a lucky day of gambling.

**Winter Course # :** B66-12    **Fee:** \$25 luxury coach transportation

**Day:** Sunday

**Date:** May 20

**Time:**

- departing Middle School parking lot at 9:00am
- leaving Foxwoods at 4:00pm
- returning at approximately 5:30pm



## BOSTON RED SOX TICKETS - The Perfect Holiday gift

We have Red Sox tickets for the 2012 season! We have obtained a limited number of tickets for great Red Sox games against very good teams in the League. Last year's tickets sold out VERY quickly, so get your registration in early so you don't miss out on a great opportunity to bring your family and friends to an exciting baseball game at Fenway Park! Price includes transportation from Medway Middle School. **We will depart from the school 2 hours before game time.** Please indicate, if known at this time, whether you **will or will not** be traveling to the game on the bus. Those not requiring transportation may call the Community Education office at 508-533-3222 x4 to arrange to pick-up their tickets at our Memorial School office no earlier than one week prior to game day. **Game times are subject to change by the Red Sox Organization.** Only one registration form is needed per order.

**Winter Course # :** B67-12

• **Saturday, June 9th vs. Washington Nationals**

4:05pm game time  
Grandstand Section 23  
\$72

• **Tuesday, July 17th vs. Chicago White Sox**

7:10pm game time  
Grandstand Section 26  
\$72

• **Tuesday, August 21st vs. Los Angeles Angels**

7:10pm game time  
Bleacher Section 38 – Front Rows  
\$45

# SPECIAL TRIPS



## **MEMPHIS on BROADWAY** **WINNER of four 2010 Tony Awards including BEST MUSICAL!**

**TURN UP THAT DIAL!** From the underground dance clubs of 1950s Memphis, Tennessee, comes a hot Broadway musical that bursts off the stage with explosive dancing, irresistible songs and a thrilling tale of fame, fun and forbidden love. Inspired by actual events, MEMPHIS is about a young, inexperienced radio DJ ready for a new sound and a talented club singer ready for her big break. When they meet, sparks fly, music soars and a dangerous romance begins, taking us on an incredible, emotional journey to the far reaches of the airwaves and the truest moments of love. The entire family will rock and roll at MEMPHIS for its good, clean fun that sends theatergoers out on a positive message. Teenagers will especially appreciate the songs by Bon Jovi keyboardist David Bryana. Told with heart, humor and plenty of roof-raising rock 'n' roll, MEMPHIS is Broadway's most exciting destination! Join us for this fabulous show available at a tremendous package price for you and your family and friends. We procured FRONT CENTER MEZZANINE seating (\$131.50 value) for one of Broadway's sold out shows at a greatly reduced price. Broadway tickets to MEMPHIS make a great holiday gift - custom holiday gift certificates are available!

**“An exuberant musical with classic values!” - The New York Post**

**“Very essence of what a Broadway musical should be!” - Associated Press**

**Winter Course # :** B68-12

**Fee:** \$165 includes Front Center Mezzanine seating & luxury coach bus transportation

**Day:** Saturday

**Date:** April 28

**Time:**

- departing Middle School parking lot at 6:30am
- leaving NYC at 6:30pm
- returning at approximately 10:30pm

**REGISTRATION INFORMATION**  
Please note new address

Mail to: Medway Community Education Department, 16 Cassidy Lane, Medway, MA 02053  
(Preferred method due to Middle School construction)

OR

Hand Deliver: Memorial School Main Office, 16 Cassidy Lane - Hours 7:30am-3:30pm

Make checks payable to **Medway Community Education**. You may write one check per registration. Late registrations will be allowed if space allows. Materials fees are paid directly to the instructor at the first class. **We do not send confirmations - you are automatically enrolled upon registration.** Registration forms may be duplicated. Participants in the Adult Programs must be at least 18 years of age.



**Medway Community Education is now offering online payment through UniPay Gold, which offers a safe, convenient, and fully electronic means of paying for all Community Education classes and programs. All transactions are protected by state-of-the-industry security. The system is user friendly and designed to make registration and payment effortless. Please log on to <https://unipaygold.unibank.com> to pay online by check/ach or credit card. Please note there is an additional fee for credit card payments of approximately \$2.50 per \$100.00. Please review the fee schedule at <https://www.unibank.com/ccfeeschedule.aspx>.**

*Please print - ONE PERSON PER FORM*    **REGISTRATION FORM – WINTER 2012**

First Name _____	Last Name _____	E-mail address _____
Street Address _____	Town _____	If child participant - Child's Age/DOB _____
Home Phone _____	Work/Cell Phone _____	If child participant - Known Allergies _____

Course #	Course Name	Day	Dates	Class Time	Fee

*Please print - ONE PERSON PER FORM*    **REGISTRATION FORM – WINTER 2012**

First Name _____	Last Name _____	E-mail address _____
Street Address _____	Town _____	If child participant - Child's Age/DOB _____
Home Phone _____	Work/Cell Phone _____	If child participant - Known Allergies _____

Course #	Course Name	Day	Dates	Class Time	Fee

# **MEDWAY COMMUNITY EDUCATION...**

**STILL SERVING THE YOUTH, TEENS,  
AND ADULTS OF MEDWAY AND  
SURROUNDING TOWNS FOR  
OVER 20 YEARS!!**

## **REGISTER EARLY!**

### **Medway Community Education**

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