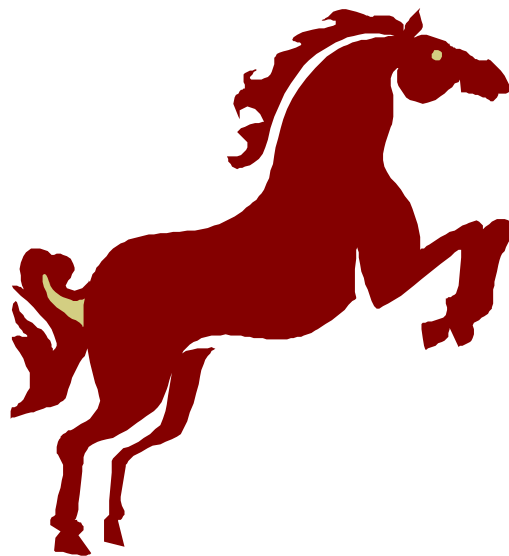


Medway High School Guide to Student Athletics



**Rob Pearl
Director of Athletics
Medway High School
www.medwayschools.org**

Medway High School
Eligibility Check List

1. Pick up the Athletic Forms including the MIAA medical information sheet in the Nurses office.
2. Ensure you have a valid physical on record.
3. Fill out eligibility forms. (make sure all information is valid and all signatures are present)
4. Return all eligibility forms including the MIAA medical information sheet to the Athletic Office.
5. The athletic fee is due upon being selected to your team and before the first game. (You are not eligible to play in the first game unless the fee is paid in full)
6. HAVE FUN!!!

Medway High School Athletics

You are about to become a member of the Medway High School athletics programs. Medway Athletics is rich in tradition and an integral part of this community. The Athletic Department at Medway High School has six essential goals:

1. To provide an opportunity for maximum athletic development of players across the spectrum of ability.
2. To foster a strong sense of community involvement and participation.
3. To promote the social, intellectual, emotional, and physical development of our students.
4. To develop an understanding of the value of cooperation and competition.
5. To develop respect for rules and authority.
6. Finally, the most important goal of any athletic program is to HAVE FUN!!!

I would like again to welcome you to the Mustang Corral and wish our teams success in the upcoming season. The entire Medway Athletic Department is looking forward to your association with the athletic program at Medway High School and for you to remember;

“Once a Mustang always a Mustang”

Thank you in advance for your help and cooperation.

Rob Pearl

Director of Athletics

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Welcome To The Medway High School Athletic Program

We believe the following information will help answer many of your questions regarding interscholastic athletics in Medway. This booklet contains information regarding rules, practices and regulations that govern the athletic program at Medway High School.

Please keep this booklet and refer to it whenever you have a question regarding your child's athletic experience. If you feel that your questions or concerns are not answered in this booklet, contact your child's coach or call the school's athletic director's office, (508-533-3239).

MISSION STATEMENT

The Mission Statement of the Athletic Department mirrors that of the High School: The Athletic Department's mission, in partnership with community, is to foster an environment that encourages the pursuit of excellence for all through participation in sports. The athletic community strives to provide an atmosphere for students to learn life-long skills of teamwork, dedication, self-discipline and above all, sportsmanship.

We encourage families to be active supporters of our teams' efforts by providing positive role models that attend events to encourage all to compete to the best of their abilities. We also expect our supporters to be representatives of the Medway School Department, displaying good sportsmanship and fostering a positive environment.

Introduction

Medway High School believes that athletics plays a vital role in the total educational development of the student. Athletics functions as an integral part of the curriculum by offering opportunities to assist in the development of sportsmanship, teamwork, skills and competition. Being a member of an athletic team is the fulfillment of an ambition for many students. It takes hard work and the willingness to assume responsibility to yourself, your school, and to others. You will be seen in a leadership role when you are on an athletic squad. Because of this, you can contribute greatly to school spirit and community pride.

The Athletic Department welcomes you and wishes you much success and enjoyment as you journey through your interscholastic athletic career as a **Medway Mustang**

Philosophy Statement

Athletics is an extension of the educational program and as such is an extension of The Medway School District's reputation for excellence. Medway's Athletic Department's mission does not solely seek to create the skilled athlete but rather the athlete who demonstrates the character necessary to display poise and class in all endeavors regardless of the playing field.

Our coaches are charged with the responsibility to teach the values of accepting success graciously, accountability, citizenship, sportsmanship, confidence, tolerance, handling disappointments, leadership, organizational skills, participation within the rules, performing under pressure, persistence, work ethic, physical well-being, responsibility, sacrifice, self-discipline, social skills, striving towards excellence and teamwork.

Governing Agencies

Massachusetts Interscholastic Athletic Association (MIAA)

Medway is a member in good standing of the MIAA. With membership, the Principal agrees to abide by all rules and regulations of the MIAA. When varsity teams qualify for and enter MIAA sponsored post-season tournaments to determine sectional and state champions, we are subject to specific rules and regulations that govern each tournament, as set by the MIAA. The MIAA does not sponsor or sanction any sub-varsity tournament competition.

The Tri-Valley League (TVL)

Medway is also a member of the TVL. The TVL is governed by the TVL and its constitution. The Principal of each member school agrees that his/her school will abide by all league rules and regulations.

Medway School Committee

Additional policies, regulations and rules are set by the Medway School Committee and the Principal. Under MIAA guidelines, local communities are allowed to set additional policies, rules and regulations as long as they are more restrictive than those stipulated by the MIAA.

Sportsmanship

Medway High School expects all parties at a contest to display the highest possible level of sportsmanship before, during, and after the competition. Medway students and student athletes are to adhere to the following fundamentals of good sportsmanship:

1. Show respect for the opponent at all times.
2. Show respect to the officials at all times.
3. Knowing, understanding and appreciating the rules of the contest.
4. Maintaining self-control at all times.
5. Recognizing and appreciating skill in performance regardless of affiliation.

Displays of poor sportsmanship will not be tolerated and will be addressed on an individual basis.

The MIAA and Medway High School reserves the right to “warn, censure, place on probation, or suspend up to one (1) calendar year any player, team coach, game or school official, or school determined to be acting in a manner contrary to the standards of good sportsmanship.”

To The Parents

Both parenting and coaching are extremely difficult vocations. By establishing an understanding of each position, we are better able to accept the actions of the other and provide greater benefit to children. As parents, when your child becomes involved in our program, you have a right to understand what expectations are placed on your child. This begins with clear communication from the coach of your child’s program.

Communication You Should Expect From the Coach

1. Philosophy of the coach
2. Expectations the coach has for your child as well as all the players on the squad
3. Locations and times of all practices and contests
4. Team requirements, i.e. practices, special equipment, out- of- season conditioning, in season participation on additional teams.
5. Procedure followed should your child be injured during participation
6. Discipline that may result in the denial of your child’s participation

Communication Coaches Expect From Parents

1. Concerns expressed directly to the coach
2. Notification of any scheduled conflicts **well in advance**
3. Specific concerns with regards to a coach's philosophy and/or expectations

As your child becomes involved in the programs at Medway High School, they will experience some of the most rewarding moments of their lives. It is important to understand that there also may be times when things do not go the way you or your child wishes.

Appropriate Concerns to Discuss With Coaches

1. The treatment of your child, mentally and physically
2. Ways to help your child improve
3. Concerns about your child's behavior

It is very difficult to accept your child's not playing as much as you may hope. Coaches take their profession seriously. They make judgment decisions based on what they believe to be the best for **all** students involved. As you have seen in the list above, certain things can be and should be discussed with your child's coach. Other things, such as those that follow, must be left to the discretion of the coach.

Issues *NOT* Appropriate to Discuss With Coaches

1. Playing Time at the Varsity, Junior Varsity, Freshman, and 3rd levels
2. Team Strategy
3. Play Calling
4. Other Student Athletes

There are situations that may require a conference between the coach and the parent. It is important that both parties involved have a clear understanding of the other's position. When these conferences are necessary, the following procedure should be followed to help promote a resolution to the issue of concern.

1. Call the Athletic Department (508-533-3239) to set up an appointment.
2. If the coach cannot be reached, speak to the Athletic Director. A return call from the coach will be arranged, or a meeting set up for you.
3. **DO NOT CALL A COACH AT HOME!!!** A coach's time with family is severely limited during the season. The family's privacy should be respected.

4.

4. PLEASE DO NOT ATTEMPT TO CONFRONT A COACH BEFORE, DURING, OR AFTER A CONTEST OR PRACTICE. These can be emotional times for both the parent and coach. Meetings under these circumstances do not promote resolution.

Remember- Your concerns are important to us. Never hesitate to follow the above procedures to make those concerns known. Together we can work to improve our athletic programs.

Tryouts

Participation in athletics is a **privilege** given to those students who meet all requirements set by the MIAA, the TVL and Medway High School. Students try out voluntarily and, in doing so, risk being cut. It is the judgment of the coaches that dictates the selection and number of participants for teams. All student-athletes should be aware that selection to a team one year does **not** guarantee placement on that team the following year.

Please note that selection to a team is a coach's discretionary responsibility. Selection to a team represents a culmination of both physical ability applicable to the sport and level of competition, and positive effort. Each coach has the discretionary right to promote a player or not select a player based upon attitude and effort displayed.

After tryouts begin, no athlete may leave one team (voluntarily or due to dismissal by the coach) and try out for another team. Consent of both coaches involved and the Director of Athletics must be acquired.

Playing Time

Perhaps the most emotional part of a student athlete's involvement in high school athletics centers around playing time. Some athletes participating in interscholastic athletics find that practices and expectations are intense and demanding.

It is the responsibility of the Medway High School coaching staff to decide which athletes should start a contest, which should play what position, and how long each athlete should play. These coaching decisions, which are often difficult to make, are made **only by the coaching staff** and are approached very seriously after the coaches have observed the student athletes in practices sessions, game like situations, scrimmages and, at time, games. Factors such as practice, attendance, attitude, commitment, and of course, athletic skill enter into the decisions.

Commitment to the Team

When trying out for a team and after being selected to be a member of a team, Medway High School student-athletes are expected to attend **all** practices and games of that team. Weekend practices and games vary by sport and should be expected.

Interscholastic athletics demands much more commitment than a club or recreational activity. Students should be aware of the time commitment prior to trying out for the team. On average each team practices two and a half hours per day, 5-6 days per week, for the duration of the season.

Playing time is the sole discretion of the coach of that sport.

It is extremely important that a coach be notified if a student-athlete is not going to be present at a practice or game. Practice is where plans for upcoming contests are devised and perfected. The coaches in our program expect their athletes to be present at all team related activities. Suspension or dismissal may take place as a result of such absences.

Student-athletes are excused from team activities for *academic or religious reasons, family emergencies, illness or injury*. **Prior notification of the coach is expected.**

MIAA Bona Fide Team Member Rule # 45

A bona fide team member of the school team is a student who is regularly present for, and actively participates in, all team practices and competitions. Bona fide members of a school team are precluded from missing a high school practice or competition in order to practice or compete with an out-of-school team. Any student who violates this standard is ineligible for 25% of the total season number of games immediately upon confirmation of the violation. In addition, the student is not eligible for MIAA tournament participation in that sport.

School Attendance and Tardiness

Medway High School student-athletes must meet the requirements for good school and team citizenship. They are as follows: come to school every day, be on time for school and classes, attend all classes, do your homework, and behave at all times in a mature manner. The abuse of any of these citizenship requirements could result in suspension or dismissal from an athletic team.

Student-athletes are eligible to participate in athletics on a given day provided they are in school for four consecutive periods. In order to participate in a weekend game, a student must be present during school on Friday.

Closed Practices

For safety and effectiveness, practice sessions at Medway High School are **closed** sessions. This means that parents, relatives, friends or spectators are **not permitted at team practices**. Any exception to this rule must be cleared by both the coach and the Athletic Director.

Athletic Eligibility

- A) **Medical exam** – all students who plan to participate in athletics must have written proof of a current physical exam signed by a physician. In order for the exam to be current, it must be dated within one calendar year of any athletic involvement. **It is strongly recommended that an annual exam be scheduled between June and August of each school year. Such an exam would cover a student for an entire school year. The physical must be valid for the first day of practice.**

The school provides FREE athletic physicals in the summer. To take advantage of the free physical students must sign up with the school nurse. **(Walk-ins are not accepted)**

- B) **Academics** – If you pass less than twenty credits of prepared work during the marking period preceding any activity, a student is deemed ineligible for athletic participation. To be eligible for the fall marking period, students are required to have passed from the previous academic year the equivalent of five traditional year long major courses. (The MIAA requires twenty periods of prepared work). If, since you entered grade 10, nine consecutive sports seasons have passed, whether or not you have participated, you are no longer eligible to participate.

- C) **Student Athletic Participation for Interscholastic Athletics Form**--all students must pass in this form to eligible to participate. This is a three-part form that is available to all students and is located in the Principal's Office. There are four distinct parts to this form: **Part 1**-Student Profile; **Part 2**- Parent Consent; **Part 3**- Medical; **Part 4**- Office Certification. All Parts must be completed and signed with the appropriate signatures.

- D) **Athletic Fees**- The Medway School Committee has authorized the Department of Athletics to assess an Athletic Fee to each student who will be participating on one of our athletic teams during each season. The fee aids in funding transportation for all teams as well as supplementing the budget for game officials and equipment. The fee is set on an annual basis. No one will be denied an opportunity to participate due to personal financial constraints, (all

E) claims must be made to the H.S. Principal prior to team's first practice/tryout). The Medway School committee reserves the right to set an annual family cap as well.

The Athletic fee is non-refundable, except in case of serious, incapacitating injury, which would prevent further participation. The fee allows a student athlete to participate on a team. It does not guarantee a specific amount of playing time. No fees will be refunded until after the first contest.

Fees are due on the date specified by the Athletic Director. Any student that does not pay their fee will not be given a uniform

For a more detailed list of eligibility requirements please consult the Medway High School Student Handbook.

Physical Education

All students are required to participate in their regularly scheduled physical education classes. Students who are medically excused from physical education are **not allowed** to participate in their team practice or game on that day. If a student does not change for PE on a given day, he/she will not be eligible to practice/play that day.

Transportation

The school provides bus transportation to all away athletic contests. **All team players must ride to and from all games on the team bus.** Exceptions must be requested in writing by the athlete's parent/guardian advance to the Athletic Director or Asst. Principal.

Team Captains

It is a coaching decision as to how team captains are selected. They may be elected by the team or appointed by the coach prior to the first regularly scheduled contest. Captains may also be elected or appointed on a game by game basis.

Captains of their teams may be relieved of their position by the coach, in consultation with the Athletic Director, for violation of team, department, school, league or MIAA rules.

Equipment and School Facilities

Student-athletes are expected to respect the locker facilities, showers and general areas of Medway High School and while visiting other schools. We expect the student-athletes to take pride in their facilities and those of our opponents by using trash barrels and keeping these facilities in good condition. **Any type of vandalism will not be tolerated!**

All athletic equipment not returned within **five days** of the close of the seasons will be billed at full replacement cost. Athletes who have failed to meet their financial obligations will **not** be allowed to participate in any capacity in any sport.

Student-Athlete Discipline Procedures

A) School Discipline Obligations: All athletes are required to follow all rules and regulations of the Medway High School student handbook. A student-athlete with a school or teacher disciplinary obligation is required to fulfill that obligation before reporting to an athletic practice and/or game. **Students cannot expect, and should not request, disciplinary action to be postponed or canceled for any athletic reason.** The Department of Athletics, in conjunction with Medway High Schools administration, reserves the right to remove a student from a team for excessive disciplinary problems and may reinstate the student upon sufficient evidence of improved behavior.

B) Attendance: In order to participate in the practice or game, a student must be present in school that day or have prior written permission from an administrator.

C) Coaches: Athletic coaches may have rules governing the conduct of players and the requirements of training and practices. These rules are to be set and presented to the athletes prior to the start of the season. Violations of these rules may result in temporary or permanent suspension from the team.

MIAA Chemical Health/Alcohol/Drugs/Tobacco Rule #62

During the season of practice or play, a student shall not, regardless of the quantity, use, consume, possess, buy/sell, or give away any beverage containing alcohol; any tobacco product; marijuana; steroids; or any controlled substance. It is not a violation for a student to be in possession of a legally defined drug specifically prescribed for the student's own use by his/her doctor. This rule represents only a minimum standard upon which schools *may* develop more stringent requirements.

If a student in violation of this rule is unable to participate in interscholastic sports due to injury, academics, or otherwise, the penalty will not take effect until that student is able to participate again.

Minimum PENALTIES:

First Violation: When the principal confirms, following an opportunity for the student to be heard, that a violation occurred, the student shall lose eligibility for 25% of the season in which the student is a participant. No exception is permitted for a student who becomes a participant in a treatment program. It is recommended that the student be allowed to remain at practices for the purpose of rehabilitation.

Second and Subsequent Violations: When the principal confirms, following an opportunity for the student to be heard, that a second or subsequent violations have occurred, the student shall lose eligibility for 60% of contests in which the student is a participant.

Penalties shall not be cumulative each academic year. If the penalty period is not completed during the season of violation, the penalty shall carry over to the student's next season of actual participation, which may affect the eligibility status of the student during the next academic year.

Note: Any student-athlete violating this rule forfeits the right to be recognized for any awards at Medway High School he/she may be eligible for, at the end of the season, (Other than participation level).

Hazing

Massachusetts State Law- Chapter 536, Sections 16-19

Hazing is defined as any conduct, or method of initiation into any student organization, which willfully recklessly endangers the physical or mental health of any student or person. Incidents of hazing must be reported to the appropriate law enforcement officials as soon as reasonably practical.

Section 17. “Whoever is a principle organizer or participant in the crime of hazing defined herein, shall be punished by a fine not more than three thousand dollars or by imprisonment in a house of correction for not more than one year, or by both such fine and imprisonment.

Hazing is defined as any conduct or method of initiation into any student organization whether on public or private property which willfully or recklessly endanger the physical or mental health of any student or person. Such conduct shall include whipping, beating, branding, forced calisthenics, exposure to weather, forced consumption of any food, liquor, beverage, drug, or other substance, or any other brutal treatment or forced physical activity which is likely to adversely affect the physical safety of any such student or other person, or which subjects such student or other person to extreme mental stress, including extended deprivation of sleep or rest or extended isolation.

Section 18. “Whoever knows that another person is the victim of hazing as defined in Section 17 and is at the scene of such a crime shall, to the extent that such person can do so without danger or peril to him/herself or others, report such a crime to an appropriate law enforcement official as soon as reasonable or practicable. Whoever fails to report such a crime shall be punished by a fine of not more than one thousand dollars.”

MIAA Taunting Policy Rule # 48.1

Taunting includes any actions or comments by coaches, players, or spectators which are intended to bait, anger, embarrass, ridicule, or demean others, whether or not the deeds or words are vulgar or racist. Included is conduct that berates, needles, intimidates, or threatens based on race, gender, ethnic origin, or background, and conduct that attacks religious beliefs, size economic status, speech, family, special needs, or personal matters.

Examples of taunting include but are not limited to: “Trash talk”, defined as verbal communication of a personal nature directed by a competitor to an opponent by ridiculing his/her skills, efforts, sexual orientation, or lack of success, which is likely to provoke an altercation or physical response; and physical intimidation outside the spirit of the game, including “in the face” confrontation by one player to another and standing over/straddling a tackled or fallen player.

In all sports, officials are to consider taunting a flagrant unsportsmanlike foul that disqualifies the offending bench personnel or contestant from that contest/day of competition on the first taunting offense. In addition, the offender shall be subject to existing MIAA sport specific disqualification rules. A review of the MIAA taunting policy and a warning shall be given to both teams by game officials prior to each contest.

At all MIAA contest sites and tournament venues, contest management may give spectators no warning. Anybody who taunts players, coaches, game officials, or other spectators is subject to ejection.