

# TEACHER BIOS

**Paul Angiolillo** discovered the contemplative pleasures and soothing benefits of tea as an undergraduate at Yale U. in the 1970s. Since then, he has expanded his interest in this world's most-popular drink, while working as a journalist and an editor. Today, Paul teaches tea-tasting classes in adult-ed programs throughout the Greater Boston Area and has given tea demonstrations at the Peabody-Essex Museum in Salem MA and other venues.

**Stuart Brown, Ph.D.** has practiced meditation for over 30 years. He is a certified meditation teacher in the Sufi Order International, an interfaith school of meditation and spiritual growth.

**Dawn Bagocius** is the owner of Dove Tales Floral & Art Studio, LLC. She has 35 years of experience consulting and building teams in direct sales and corporate program management. Dawn received her certification as a floral designer at Rittner's School of Floral Design and Floral Design Institute.

**Circuit Lab** uses innovative, leading-edge equipment and software to give children an opportunity to learn essential modern world skills that are not typically taught in school.

**Cheryl Cohen** opened her Holliston art center in 2013 and offers classes for adults and children. The art in the studio has progressed greatly over the years from simple mosaics, to a full cadre of mixed media mosaics, from mosaic jewelry, to wall art and furniture. Visit [www.cherylcohenmosaics.com](http://www.cherylcohenmosaics.com) to see the amazing work of her students!

**Christine French** is a certified Zumba instructor with specialties including Zumba Kids, Zumba Gold, Zumba Kids Jr, Zumba Toning and Zumba Gold-Toning. She teaches regular one hour classes at fitness centers and for local municipalities around the Medway area for individuals of all fitness levels and ages and is CPR/AED Certified.

**Elizabeth Ann Grushkin** minored in French at Cornell University, is the French Language Tutor at Walnut Hill School for the Arts, and at the Boston Mentor Academy. She studied Spanish at the University of Madrid, and minored in French at Cornell University. Elizabeth is the Spanish language tutor at Walnut Hill School for the Arts in Natick, and at the Boston Mentor Academy.

**Julie Guido** is an 8th degree black belt master and began teaching in 1982. She loves teaching each new student and helping them become better martial artists. **Christine Howard** is a 6th degree black belt master who enjoys the self-discipline and practice necessary to become a good martial artist.

**Margaret A. Hoag** received her A.B. from Bryn Mawr College and her J.D., cum laude, from Suffolk University Law School. Ms. Hoag concentrates her practice in the area of estate planning and elder law, including long-term care planning, guardianship and conservatorship, MassHealth (Medicaid) application, and probate administration.

**Juanita Allen Kingsley** is the owner of AllenKingsley, Inc.-Lifelong Learning Essentials. As a health educator, she trains more than 2,000 people in the MetroWest region annually through her First Aid, CPR and AED classes. Juanita became a licensed EMT in 2001 and, most recently, became New England's only Certified Instructor for Socialsklz.

**Siri Krishna Khalsa** is KRI certified and has been teaching yoga since 1976.

**Aaron Ladd** is a College Counselor and works with College Solutions. He brings a wealth of knowledge to the college admissions process. College Solutions has over 50 years of experience in college placement and financial aid.

**Dr. Cheng-Jih Li** studied martial arts in college, with further studies in Tai Chi, Tai Chi Sword, Kung-Fu, Ai- Ki Do, under several Masters in Taiwan and the United States.

**Ida Matuskova** has been knitting for 30 years and recently completed a certification from the Craft Yarn Council. She has experience teaching knitting to small groups of adults and children. She also loves teaching children's arts & crafts classes.

**Ann Fisher**, owner of Molly's Apothecary, has been making soaps, lotions and bath and body products for 15 years. Molly's Apothecary is at the Medway Mill.

**Andy Papas** has been highly praised and well lauded for his "rich voice and comic timing" in both operatic and theatrical performances across the country. When not performing, Andy teaches voice lessons with the Instrumental Music School of Concord and Carlisle, as well as *Viva Opera* and other Opera & Musical Theater courses with Concord-Carlisle Adult and Community Education.

**Faina Shapiro** is a real estate agent, professional organizer and stager helping clients create clean and organized spaces in their homes and offices by identifying organization issues, developing comprehensive organizational systems and making houses more attractive to potential buyers.

**Shen's Gymnastics Academy** has been training gymnasts and offering recreational gymnastics classes since 2008. Their number one goal is to provide a safe and fun learning experience for the great sports of gymnastics. Shen believes encouragement and positive motivation are the keys to gymnastic achievement and self-confidence.

**Skyhawks Sports Academy** provides a wide variety of fun, safe and positive programs that emphasize critical lessons in sports and life, such as teamwork, respect and sportsmanship. Their programs are designed to give each child a positive introduction into sports while fostering a lifelong love for an active, healthy lifestyle.